

Time To Boogie

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver east coast swing
編舞者: Pepper Siquieros (USA)
音樂: Time To Boogie - Ray Benson



FUNKY SWING TOE STRUTS, ROCK FORWARD, ROCK BACK

- 1-2 Angle right foot to right tapping just the toe forward, swivel foot left to point forward as you put the heel down
3-4 Angle left foot to left tapping just the toe forward, swivel foot right to point forward as you put the heel down
5-6 Rock forward on right foot, recover weight to left foot
7-8 Rock back on left foot, recover weight to right foot

SUGARFOOT TOE-HEEL-CROSS, TOE-HEEL-CROSS; TOE-HOOK ¼ TURN RIGHT

- 1-2-3 Tap right toe in towards left instep, turn right toe out as you tap right heel forward, cross right foot over left
4-5-6 Tap left toe in towards right instep, turn left toe out as you tap left heel forward, cross left foot over right
7-8 Tap right toe in towards left instep, keeping weight on left foot make a ¼ turn to the right as you turn right toe out and hook right foot up in front of left leg

WEAVE RIGHT, SIDE SHUFFLE RIGHT, BACK ROCK STEP

- 1-4 Step right to right side, cross left behind right, step right to right side, cross left over right
5&6 Side shuffle to right side stepping right, left, right
7-8 Rock back onto left foot, recover forward onto right

SIDE SHUFFLE LEFT, BACK ROCK STEP, MONTEREY ½ TURN

- 1&2 Side shuffle to left side stepping left, right, left
3-4 Rock back on right foot, recover forward onto left
5-8 Point right toe to right side, make ½ turn to the right and step down on right foot, point left toe to left side, step left foot next to right

To hit the breaks in the song for counts 1-4 you can substitute a big step to the left on the left foot (1), then drag the right toe to touch next to the left foot for counts 2-3-4

REPEAT