

Time Marches On

拍數: 0 牆數: 1 級數:
編舞者: Peter Metelnick (UK)
音樂: Time Marches On - Tracy Lawrence



Sequence: ABBB ABB A ABBB ABBB

The sequence of the dance is very easy. Part B is the only part that changes each time. If you remember the numbers 3-2-0-3-3 that is the number of times you will do part B
This dance is dedicated to my father, Henry Metelnick.

PART A

RIGHT SCISSOR STEP, LEFT SCISSOR WITH CROSS SHUFFLE

- 1-4 Step right foot to right side, step left foot together, cross step right foot over left, hold
5-6 Step left to left side, step right foot together
7&8 Cross step left foot over right, step right foot to right, cross step left foot over right

RIGHT SIDE SHUFFLE TURNING ¼ RIGHT, LEFT FORWARD SHUFFLE, RIGHT FORWARD, ½ LEFT PIVOT TURN, RIGHT FORWARD, ¼ LEFT PIVOT TURN

- 1&2 Step right foot to right, step left foot together, turning ¼ right step right foot forward
3&4 Step left foot forward, step right foot together, step right foot forward (facing right side wall)
5-6 Step right foot forward, pivot ½ left
7-8 Step right foot forward, pivot ¼ left (facing back wall) (weight ends on left foot)

RIGHT CROSS ROCK & RECOVER, RIGHT SIDE SHUFFLE, LEFT CROSS ROCK & RECOVER, LEFT SHUFFLE IN PLACE

- 1-2 Cross rock right foot over left, recover weight on left foot
3&4 Step right foot to right side, step left foot together, step right foot to right side
5-6 Cross rock left foot over right, recover weight on right foot
7&8 Step left foot to left side, step right foot together, step left foot in place

RIGHT CROSS ROCK & RECOVER, TURN ¼ RIGHT & RIGHT SIDE SHUFFLE, LEFT CROSS ROCK & RECOVER, LEFT SHUFFLE IN PLACE

- 1-2 Cross rock right foot over left, recover weight on left foot
3&4 Turning ¼ right step right foot to right side, step left foot together, step right foot to right, (facing left side wall)
5-6 Cross rock left foot over right, recover weight on right foot
7&8 Step left foot to left side, step right foot together, step left foot in place

Weave LEFT 3, turn ¼ LEFT & step LEFT foot forward, RIGHT foot forward, ½ PIVOT LEFT, RIGHT FOOT FORWARD, ¼ PIVOT LEFT

- 1-2 Cross step right foot over left, step left foot to left side
3-4 Cross step right foot behind left, turning ¼ left step left foot forward (facing back wall)
5-6 Step right foot forward, pivot ½ left
7-8 Step right foot forward, pivot ¼ left (facing left side wall)

VINE RIGHT 2, TURN ¼ RIGHT & STEP RIGHT & LEFT FORWARD, RIGHT FOOT FORWARD, ½ LEFT PIVOT TURN, RIGHT FOOT FORWARD, ½ LEFT PIVOT TURN

- 1-2 Step right foot to right side, cross step left foot behind right
3-4 Turning ¼ step right foot forward, step left foot forward (facing front wall)
5-6 Step right foot forward, pivot ½ left
7-8 Step right foot forward, pivot ½ left (facing front wall)

PART B - TIME MARCHES ON

MARCH FORWARD 3, KICK LEFT FORWARD, MARCH BACK 2, LEFT BACK COASTER STEP

1-4 Step right foot forward, step left foot forward, step right foot forward, kick left forward

5-6 Step left foot back, step right foot back

7&8 Step left foot back, step right foot together, step left foot forward
