Time In A Bottle

拍數: 48

級數: Intermediate

編舞者: Caz Mawby (UK)

音樂: Time In A Bottle - Jim Croce

LEFT CROSSING TWINKLE, RIGHT CROSSING TWINKLE WITH ¼ TURN TO RIGHT

- 1-2-3 Cross step left over right, step right to side, step left in place
- 4-5-6 Cross step right over left, 1/4 turn stepping back onto left, step right in place

LEFT WALTZ STEP FORWARD, RIGHT WALTZ STEP BACK

- 1-2-3 Step forward onto left, step right next to left, step on left in place
- 4-5-6 Step back onto right, step left next to right, step oh right in place

STEP, HOLD, ½ TURN, LEFT WALTZ STEP FORWARD ANGLING BODY TO LEFT

- 1-2-3 Step forward onto left, hold, ¹/₂ turn over right shoulder pivoting on balls of both feet
- 4-5-6 Angling body to left corner, step forward onto left, step right next to left, step on left in place

RIGHT WALTZ STEP BACK ANGLING BODY TO LEFT, LEFT WALTZ STEP FORWARD ANGLING BODY TO RIGHT

- 1-2-3 Angling body to left corner, step back onto right, step left next to right, step on right in place
- 4-5-6 Angling body to right corner, step forward onto left, step right next to left, step on left in place

RIGHT WALTZ STEP BACK ANGLING BODY TO RIGHT, WEAVE

1-2-3 Angling body to right corner, step back onto right step left next to right, step on right in place

Restart dance here when on front wall again from beginning

4-5-6 Cross left over right, step right to side, cross left behind right

STEP RIGHT, DRAG, TOUCH, FULL TURN TO LEFT SIDE

- 1-2-3 Long step to right side on right, drag left foot up to right, touch left
- 4-5-6 Make ¼ turn left step onto left, make ½ turn left step onto right, make ¼ turn left step onto left

STEP RIGHT, DRAG, PLACE, SLOW STEP PIVOT ½ TURN

- 1-2-3 Long step to right side on right, drag left foot up to right, place left
- 4-5-6 Step forward onto right, slow pivot on balls of both feet ¹/₂ turn over left shoulder

SLOW STEP PIVOT ½ TURN, RIGHT WALTZ STEP FORWARD

- 1-2-3 Step forward onto right, slow pivot on balls of both feet ¹/₂ turn over left shoulder
- 4-5-6 Step forward onto right, step left next to right, step on right in place

REPEAT

RESTART

On facing front wall again restart dance from beginning after counts 25-27

OPTIONAL ENDING

Dance up to counts 16-18 (3:00 wall) then step back onto right, slide left toe up to right crossing left toe over right to face front





牆

牆數:4