

Time In A Bottle

拍數: 48 牆數: 2 級數: Improver waltz
編舞者: Colleen Archer (AUS)
音樂: Time In A Bottle - Jim Croce



In the intro, there are 24 counts of music (slowing toward end). Pause for one count, then begin.

- 1-3 Step/cross right over left, step left to left side, step/cross right behind left
4-6 Long step left to left side, slide/drag right slowly to touch beside left (12:00)
- 1-3 Step right back, step left beside right, step right in place
4-6 Step left forward into $\frac{1}{4}$ turn left, step right beside left, step left in place (9:00)
- 1-3 Turn $\frac{1}{4}$ right and step right forward, step left beside right, step right in place
4-6 Turn $\frac{1}{2}$ right and step left back, step right beside left, step left in place (6:00)
- 1-3 Step/cross right behind left, step left to left side, replace weight right (sailor)
4-6 Turn $\frac{1}{4}$ left while stepping left behind right, point right toe to right side, hold (3:00)

- 1-3 Step/cross right over left, step left to left side, replace weight right
4-6 Step left forward, step right beside left, step left slightly forward

Alternate full turn left: stepping left forward, turn $\frac{1}{2}$ left and step right back, turn $\frac{1}{2}$ left and step left forward (3:00)

- 1-3 Step/cross right over left, step left to left side, replace weight right
4-6 Step left forward, scuff right forward, rock/step right forward (3:00)

- 1-3 Step left back, slide/drag right back to touch beside left
4-6 Step right back, turn $\frac{1}{4}$ left & step left beside right, step right in place (12:00)

- 1-3 Stomp left forward (bending left knee), slow turn $\frac{1}{2}$ left on ball of left, step right back
4-6 Step left slightly to left side, step right beside left, step left in place

Alternate full turn left: turn $\frac{1}{4}$ left and step left forward, turn $\frac{1}{2}$ left and step right back, turn $\frac{1}{4}$ left and step left to left side) (6:00)

REPEAT

During fourth vanilla hold count 24 "hold" slightly longer, then (9:00) continue dance to end. There are no restarts or tags

FINISH

Dance to count 39, then

- 1-3 Turn $\frac{1}{4}$ right stepping right to right side, rock weight slowly onto left (12:00)