Time In A Bottle



編舞者: Zandra Varnham (SCO) 音樂: Time In A Bottle - Jim Croce



BASIC WALTZ FORWARD, BASIC WALTZ BACK

1-2-3 Step forward on left, step right next to left, step left next to right
4-5-6 Step back on right, step left next to right, step right next to left

LEFT TWINKLE, RIGHT TWINKLE HALF TURN

1-2-3 Cross step left over right, step right slightly to right side, step left next to right

4-5-6 Cross step right over left, ¼ turn right stepping back on left, ¼ turn right stepping right to right

side

STEP, KICK RIGHT TWICE, ROCK RIGHT, ROCK LEFT, STEP RIGHT

1-2-3 Step left forward to right diagonal, low kick right foot twice

4-5-6 Rock back onto right, recover forward on left, step right to right side

ROCK LEFT, RIGHT, 1/4 TURN, BASIC WALTZ FORWARD

1-2-3 Rock forward onto left, recover weight back onto right, step on left while 1/4 turning left

4-5-6 Step forward on right, step left next to right, step right next to left

On the last three counts you can do a triple full turn stepping right, left, right

REPEAT