

Time Goes On

拍數: 56 牆數: 2 級數: Intermediate
編舞者: Pauline Morgan (UK)
音樂: Loving You Makes Me a Better Man - Hal Ketchum



RIGHT HEEL BALL CROSS TWICE, RIGHT SIDE ROCK, RIGHT CROSS SHUFFLE

1&2 Touch right heel forward, step on ball of right foot beside left, cross-left in front of right
3&4 Touch right heel forward, step on ball of right foot beside left, cross left in front of right
5-6 Rock to the right side on right, recover on left
7&8 Cross right in front of left, close left beside right, step right to left side

LEFT HEEL BALL CROSS TWICE, LEFT SIDE ROCK ¼ TURN LEFT SHUFFLE

9&10 Touch left heel forward, step on ball of left foot beside right, cross right in front of left
11&12 Touch left heel forward, step on ball of left foot beside right, cross right in front of left
13&14 Rock to the left side on left, recover on right making ¼ turn right
15&16 Step forward on left, close right beside left, step forward on left

RIGHT POINT SWEEP, BEHIND SIDE CROSS, LEFT POINT SWEEP, BEHIND TURN STEP

17-18 Point right toe forward, (count 1) sweep foot around to the right (count 2)
19&20 Step right foot behind left, step left to left side, cross right in front of left
21-22 Point left toe forward, sweep foot around to the left
23&24 Step left foot behind right, ¼ turn right with right foot, step forward on left

RIGHT & LEFT SHUFFLE FORWARD, ROCK STEP, ¾ TURN SHUFFLE

25&26 Right shuffle forward on a right left right
27&28 Left shuffle forward on a left right left
29-30 Rock forward on right, recover on left
31&32 ¾ turning shuffle to the right on a right left right

SIDE ROCK, CROSS SHUFFLE TWICE

33-34 Rock to the left side on left, recover on right
35&36 Cross left over right, close right beside left, step left to right side
37-38 Rock to the right side on right, recover on left
39&40 Cross right over left, close left beside right, step right to left side

LEFT SIDE ROCK ¼ TURN, LEFT SHUFFLE, FULL TURN, ROCK STEP

41-42 Rock to the left side on left, recover on right making ¼ turn right
43&44 Left shuffle forward on a left right left
45-46 Make a full turn left on 2 counts (right left)
47-48 Rock forward on right foot, recover on left

SIDE ROCK, BEHIND SIDE CROSS, TWICE

49-50 Rock to the right side on right foot, recover on left
51&52 Cross right foot behind left, step left to left side, cross right in front of left
53-54 Rock to left side on left foot, recover on right
55&56 Cross left foot behind right, step right to right side, cross left in front of right

REPEAT

ENDING

Dance ends with the first 4 counts, do the 2 heel ball crosses, then add a right cross unwind ½ turn left (2 counts)

