

Time After Time

拍數: 32 牆數: 2 級數: Improver
編舞者: Charlotte Skeeters (USA)
音樂: Time After Time - Rod Stewart



CROSS WEAVING SHUFFLES FORWARD:

The following shuffles are designed to really move down the floor. Think Titanic. Thanks Simon!

- 1&2 Left forward crossing over right; right step side slightly forward; left step forward toward left angle
- 3&4 Right forward crossing over left; left step side slightly forward; right step forward toward right angle
- 5-8 Repeat above cross weave shuffles

CROSS, BACK, ½ TURN, FORWARD, FORWARD, PIVOT, ½ TURN, ½ TURN:

- 1-2 Left cross over right; right step back
- 3-4 Pivot ½ turn left and step forward on left, right step forward
- 5-6 Left step forward; pivot ½ turn right and step forward on right
- 7-8 Turn ½ right and step back on left; turn ½ turn right and step forward on right (12:00)

LUNGE, RECOVER, ½ TURN, LUNGE, RECOVER, ½ TURN, SWEEP ¾ TURN, BRUSH (OR ALTERNATE COUNTS 7-8)

- 1 Lunge (step) forward on left bending knees leaning slightly forward (keep right foot in place)
- Optional arms - extend left forward, right backward**
- 2-3 Recover weight back on right; pivot ½ turn left and step forward onto left
- 4- Lunge (step) forward on right bending knees leaning slightly forward (keep left foot in place)
- Optional arms - extend right forward, left backward**
- 5-6 Recover weight back on left; pivot ½ turn right and step forward onto right
- 7 Extend left foot out to the side and sweep foot around into a ¾ right circle (your are pivoting on the weighted right foot)
- 8 Brush left forward (9:00)

Easier alternative to counts 7-8, basically done on-the-spot

- 7-8 Left step next to right ¼ turn right; keep turning another ½ turn right as you step forward on right

CROSS, BRUSH, CROSS, SIDE, ¼ TURN, FORWARD, ½ TURN, SWEEP-BRUSH

- 1-2 Left step forward; brush right forward crossing over left
- 3-4 Right cross step over left; left step side left
- 5-6 Pivot into ¼ turn right and step forward on right; left step forward
- 7 Pivot ½ turn right
- 8 Sweep left around ending with a wide extended brush forward (almost crossing over right)

REPEAT