

Time

拍數: 48 牆數: 4 級數: Improver
編舞者: Combo
音樂: Baby One More Time (Davidson Ospina Club Mix) - Britney Spears



KICK & TOUCH, KICK & TOUCH, KICK, KICK, SAILOR

1&2 Kick right forward, right next to left, touch left to left side
3&4 Kick left forward, left next to right, touch right to right side
5-6 Kick right diagonally forward, kick right diagonally forward
7&8 Right behind left, left step left, right step forward

KICK & TOUCH, KICK & TOUCH, KICK, KICK, SAILOR

9&10 Kick left forward, left next to right, touch right to right side
11&12 Kick right forward, right next to left, touch left to left side
13-14 Kick left diagonally forward, kick left diagonally forward
15&16 Left behind right, right step right, left step forward

MASH POTATO STEPS, TOUCH, TOUCH, DOUBLE TOUCH

&17&18 Split heels apart, bring heels back together, right behind left, split heel apart
&19&20 Split heels apart, bring heels back together, left behind right, split heel apart
21&22 Touch right to right side, bring right foot next left, touch left to left side
&23-24 Bring left foot next to left, touch right to right side twice

SIDE SHUFFLE ROCK BACK, SIDE SHUFFLE ROCK BACK

25&26 Step right to right side, bring left beside right, step right to right side
27-28 Rock back on left, rock forward on right
29&30 Step left to left side, bring right beside left, step left to left side
31-32 Rock back on right, rock forward on left

PIVOT ½ TURN, TRIPLE STEP TURNING ½ TURN LEFT, HEEL, HEEL, DOUBLE HEEL

33-34 Step forward right, pivot ½ turn left
35&36 Turning shuffle right, left, right
37&38 Touch left heel forward, bring left next to right, touch right heel forward
&39-40 Bring right heel next to left, touch left heel forward twice

BEHIND UNWIND ½ TURN, SHUFFLE FORWARD, UNWIND ¾, HEEL & TOUCH

41-42 Touch left behind right, unwind ½ turn left (keeping weight on right foot)
43&44 Step left forward, bring right beside left, step left foot forward
45-46 Cross right over left, unwind ¾ turn left (keeping weight on right foot)
47&48 Touch left heel forward, bring left beside right, touch right beside left

REPEAT