Tiffani's Mambo



拍數: 28 牆數: 2 級數: ultra Beginner mambo

編舞者: Beverly D'Angelo (USA) & Tiffani D'Angelo

音樂: Pon de Replay - Rihanna



I lovingly choreographed this dance with the help of my daughter, Tiffani, for her wedding and marriage to Christopher Johnson, October 21, 2006. The dance was taught and performed for the first time at their wedding reception

LEFT MAMBO BOX STEP

1-4 Step left to left, step right beside left, step forward left, hold5-8 Step right to right, step left beside right, step back right, hold

Add hip action to this mambo step

FORWARD LOCK STEPS

Step forward left, lock right behind left, step forward left, holdStep forward right, lock left behind right, step forward right, hold

Hip action to this is a good thing

TOE HEEL WALKS

Forward left toe touch out to left side, left heel down
Forward right toe touch out to right side, right heel down
Forward left toe touch out to left side, left heel down
Forward right toe touch out to right side, right heel down

Have fun with these steps giving it your own attitude

RIGHT ½ TURN, 2 ROCK STEPS

1-2 Step left forward, turn ½ to right (shifting weight to right foot)

3-4 Step left in place (rock hips to left), step right in place (rock hips to right)

Again, hip action is always a good thing

REPEAT