

The Tide Is High

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Jenna Nelson
音樂: The Tide Is High - Atomic Kitten



STEP FORWARD, BACK TWICE

1-2 Step forward right, step forward left
3-4 Step back right, step back left
5-8 Repeat steps 1-4

SLIDE TWICE, MONTEREY TURN, OUT, STEP

9-10 Step forward right, slide left beside right
11-12 Step forward left, slide right beside left
13-14 Touch right toe to right, make ½ turn right stepping right beside left
15-16 Point left to left. Step left beside right

TRAVELING APPLEJACKS, KICK STEP TOUCH TWICE

17 Fan heels out
18 Swivel heels in
19&20 Swivel heels out, in, out as you travel left
21&22 Kick right forward, step right beside left, touch left behind right
23&24 Kick left forward, step left beside right, touch right behind left

SKATE TWICE, SIDE SHUFFLE, CROSS ROCK, SHUFFLE ¼ TURN LEFT

25-26 Skate right diagonally forward right, skate left diagonally forward left
27&28 Side shuffle right (right, left, right)
29-30 Cross rock left over right, replace weight on right
31&32 Shuffle ¼ turn left (left, right, left)

REPEAT

TAG 1

After 3rd & 5th wall

1-4 Step right diagonally forward right, lean weight forward, back
5-6 Point right to right side, touch right beside left
7-8 Point right to right side, step right beside left
9-16 Repeat steps 1-8 of tag on the left

TAG 2

Danced after 6th wall only

1-2 Cross right over left, step back left
3-4 Step right to right side, step left beside right