

Tidal Wave

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Kate Priestley (UK) & Sharon Harrison (UK)
音樂: Miami - Will Smith



APPLEJACKS, KICK BALL CHANGE, ½ MONTEREY TURN

- 1&2 Swivel right heel and left toe to left side. Return to place and transfer weight. Swivel left heel and right toe to right side. Return feet to place
3& Right foot kick forward, right step down in place
4 Step left foot forward
5 Right toe touch to right side
6 Turn ½ turn right bringing right foot next to left
7-8 Left toe touch to left side, left step together

POINT CROSS STEPS, BODY ROLL

- 9-10 Point right toe to right side, step right in front of left
11-12 Point left toe to left side, step left in front of right
13-14 Point right toe to right side, step forward on right
15-16 Body roll over 2 counts

¾ TURN, SHUFFLE, HEEL & TOE SWITCHES, SCUFF ¼ TURN

- 17-18 Right cross behind left, ¾ turn right
19&20 Shuffle forward left, right, left
21& Right heel touch forward, step right beside left
22 Left toe touch back
23-24 Left scuff, hitch left making ¼ turn left

SIDE STEP, CROSS, CROSSING SHUFFLE BEHIND, MASHED POTATO

- 25-26 Step left to left side. Cross step right behind left
27&28 Step left to left side, cross step right behind left step left to left side
29-30 Touch right toe in front, step back on right
31 Step back on left
32 Touch right toe back

SHUFFLE, ¼ TURN, HEEL LIFTS, ¼ TURN, COASTER STEP

- 33&34 Shuffle forward right, left, right
35 Left step forward making ¼ turn right
36 Weight on left, lift right heel pushing hips out to left
37-38 Shift weight onto right, lift left heel pushing hips out to right side
39&40 On ball of right foot ¼ turn left stepping left back. Step right beside left. Step left forward

¼ TURN HITCH TWICE, HITCH IN PLACE, SIDE STEP, ¼ TURN SIDE STEP

- 41 Touch right toe to side and hitch making ¼ turn left
42 Touch right toe to side and hitch while making ¼ turn left
43 Touch right toe to side, hitch
44 Go to touch right toe to side again but before reaching the floor hitch again
45 Step right to right side making ¼ turn right
46 Step left beside right
47 Step left to left side
48 Step right beside left

RIGHT HIP BUMPS, LEFT HIP BUMPS (4X4)

- 49 Stepping forward on right bump right hip forward
- &50 Bending knees slightly bump right hip forward
- &51 Straighten knees and bump right hip forward
- &52 Bump right hip forward. (on last bump shift weight onto right foot)
- 53 Stepping forward on left bump left hip forward
- &54 Bending knees slightly bump left hip forward
- &55 Straighten knees and bump left hip forward
- &56 Bump left hip forward

ROCK STEP, 1 ½ TURN, SHUFFLE, STOMP

- 57-58 Rock forward on right, rock back on left
- 59-60 Make 1 ½ turn over 2 counts
- 61&62 Shuffle forward right, left, right
- 63-64 Stomp left foot in place, stomp right foot next to left

REPEAT

ALTERNATIVE MOVES

- 29-31 Mashed potato forward on right, three back right, left, right
 - 48 Snake roll left
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