

Ticks

拍數: 32 牆數: 4 級數: Improver social cha
編舞者: Moses Bourassa Jr. (USA) & Barbara Frechette (USA)
音樂: Ticks - Brad Paisley



CROSS, RECOVER STEPS, SIDE SHUFFLE, SHUFFLE TURNING ¼ TO THE RIGHT

1-2 Cross/rock left over right, recover on right
3&4 Shuffle to the side left, right, left
5-6 Cross/rock right over left, recover on left
7&8 Turn ¼ right and shuffle forward right, left, right

MODIFIED JAZZ BOX WITH TURN ¼ TO THE LEFT, ROCK STEP, RECOVER STEP, SHUFFLE TURNING ½ TO THE RIGHT

1-2 Cross left over right, step right back
3&4 Turn ¼ left and shuffle forward left, right, left
5-6 Rock right forward, recover on left
7&8 Shuffle side turning ½ right and step right, left, right

TOE TOUCHES, SAILOR SHUFFLES

1-2 Touch left toe forward, touch left toe to side
3&4 Cross left behind right, step right to side, step left to side
5-6 Touch right toe forward, touch right toe to side
7&8 Cross right behind left, step left to side, step right to side

ROCK STEP, RECOVER STEP, SHUFFLE TURNING ½ TO THE LEFT, MODIFIED JAZZ BOX WITH TURN ¼ TO THE RIGHT

1-2 Rock left forward, recover on right
3&4 Shuffle to side turning ½ left and step left, right, left
5-6 Cross right over left, step left back
7&8 Turn ¼ right and shuffle to side stepping right, left, right

REPEAT
