

Tickled Pink

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Crazy Chris (UK) & Katie Adams (UK)
音樂: Toss the Feathers - The Corrs



HEEL & HEEL &, TOE & TOE &, HEAL & HEEL &, TOE & TOE &

- 1&2& Dig right heel forward, step right beside left, dig left heel forward, step left beside right
3&4& Touch right toe behind left heel, step right beside left, touch left toe behind right heel, step left beside right
5&6& Dig right heel forward, step right beside left, dig left heel forward, step left beside right
7&8& Touch right toe behind left heel, step right beside left, touch left toe behind right heel, step left beside right

SIDE SHUFFLE, SCUFF & TOUCH &, FULL TURN, SIDE SHUFFLE

- 1&2 Step right to right side, step left beside right, step right to right side
3&4& Scuff left to right diagonal, step left to right diagonal, touch right behind left, step back onto right
5-6 ¼ turn left stepping forward onto left, ¼ turn left stepping right to right side
7&8 ½ left stepping left to left side, step right beside left, step left to left side

SAILOR STEP, LOCK & LOCK & LOCK & LOCK, ROCK AND BEHIND

- 1&2 Step right behind left, step left to left side, step right to right side
3&4& Lock left behind right slightly hitching right leg popping knee, step right to right side, lock left behind right slightly hitching right leg popping knee, step right to right side
5&6 Lock left behind right slightly hitching right leg popping knee, step right to right side, lock left behind right slightly hitching right leg popping knee
7&8 Rock right to right side, recover onto left, cross right behind left

From counts 3-6 have your hands straight by your sides and look head to the left

PADDLE 1 ½ TURN, MAMBO STEP, MAMBO STEP

- 1&2& ¼ turn left stepping onto left, step right beside left, ½ turn left stepping onto left, step right beside left
3&4& ½ turn left stepping onto left, step right beside left, ¼ turn left stepping onto left, step right beside left
5&6 Rock forward onto right, recover onto left, step right beside left
7&8 Rock back onto left, recover onto right, step left beside right

From counts 1 - 5 have your hands on your hips

Restart from here on 3rd wall

STEP TWIST, TWIST, COASTER STEP, STEP TWIST, TWIST, COASTER STEP

- 1&2 Step right foot forward, twist both heels to right, twist both heels back to center
3&4 Step right foot back, step left beside right, step right foot forward
5&6 Step left foot forward, twist both heels to left, twist both heels back to center
7&8 Step left foot back, step right beside left, step right foot forward

On counts 1&2, 5&6 bring both arms up to shoulder height right hand on top of left hand elbows bent so hands are near your chest

ROCK RECOVER, TRIPLE 1½ TURN, SHUFFLE FORWARD, SWEEP ½ TURN

- 1-2 Rock forward onto right foot, recover onto left
3&4 ½ turn over right shoulder stepping forward onto right, ½ turn over right shoulder stepping back onto left, ½ turn over right shoulder stepping forward onto right
5&6 Step forward onto left, step right beside left, step left forward
7-8 Sweep right foot out and around turning ½ turn over left shoulder bringing right beside left

CROSS & HEEL, & CROSS & HEEL, & STEP ½ TURN, MAMBO TOGETHER

- 1&2 Cross right over left, step left to left side, dig right heel to right side
&3&4 Step right beside left, cross left over right, step right to right side, dig left heel to left side
&5-6 Step left beside right, step forward onto right, pivot ½ turn over left shoulder taking weight onto left
7&8 Rock forward onto right, recover onto left, step right beside left

ROCK RECOVER ¼ TURN, CROSS & HEEL, & STEP ½ TURN, ¼ ROCK AND CROSS

- 1&2 Rock forward onto left, recover onto right, ¼ turn left stepping left to left side
3&4 Cross right over left, step left to left side, dig right heel to right side
&5-6 Step right beside left, step forward onto left, ½ turn over right shoulder taking weight onto right
7&8 ¼ turn right rocking left to left side, recover onto right, cross left over right

REPEAT

RESTART

Restart after count 32 of 3rd wall (facing back wall)
