

Tick Tock

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Eddie Harper (USA)
音樂: Tick Tock - Vaughn Brothers



HEEL/STEPS, CROSSOVER STEPS, HEEL SWIVELS

- 1 Step forward on left heel (toes up)
- 2 Step down on left foot
- 3 Step forward on right heel (toes up)
- 4 Step down on right foot
- 5 Step forward on left toward 12:00 with toes and body facing 1:30, continue looking at 12:00
- 6 Step forward on right toward 12:00 with toes and body facing 1:30, continue looking at 12:00
(Right is now in front and crossed over left with toes and body facing 1:30 but face looking at 12:00)
- 7 Swivel both heels ¼ turn right
(Toes point 10:30 and body facing 12:00. This simply creates a twisting type of motion)
- 8 Swivel both heels ¼ turn left
(Toes and body facing 1:30 but face looking at 12:00)

SCUFF, CROSS/STEP, SCUFF, CROSS/TOUCH, HEEL SWIVELS, BACK STEP, ½ TURN

- 9 Scuff left beside right (toward 1:30)
- 10 Cross left in front of right stepping down on left on right side of right foot (toes and body toward 1:30 and weight on left foot)
- 11 Unlock right foot and scuff toward 1:30
- 12 Cross right in front of left touching right sole forward of left foot which keeps weight (toes and body toward 1:30, face toward 12:00)
- 13 Swivel both heels ¼ turn right (toes point 10:30 and body facing 12:00)
- 14 Swivel both heels ¼ turn left (toes and body facing 1:30 but face looking at 12:00)
- 15 Step right sole straight back to 6:00
- 16 Pivot ½ turn right on both soles transferring weight to right foot (facing 6:00)

TWO LEFT KICK-BALL-CROSSES, WALK LEFT-RIGHT, ½ TURN LEFT, STEP

(Steps 17-20 travel gradually toward 6:00)

- 17 Kick left toward 7:30
- & Step left sole beside right
- 18 Step/cross right forward toward 6:00 with toes pointing toward 7:30
- 19 Kick left toward 7:30
- & Step left sole beside right
- 20 Step/cross right forward toward 6:00 with toes pointing toward 7:30
- 21 Step forward left
- 22 Step forward right
- 23 Pivot ½ left on both soles (facing 12:00)
- 24 Step forward right

LUNGE, ¼ TURN RIGHT WITH RIGHT TOGETHER, HOLD, STEP RIGHT, LEFT TOGETHER, BACK STEP, PIVOT

- 25 Long step forward with left
- 26 Slide right foot to left while pivoting ¼ turn right (now facing 3:00)
- 27-28 Hip bumps right, left (or any other "funky" move that fits your personality)
- 29 Step right to right side
- 30 Slide left together transferring weight onto left (optional: add right knee pop)
- 31 Step back on right sole
- 32 Pivot ½ right on both soles transferring weight onto right

REPEAT
