

# Tic-Toc

拍數: 0                      牆數: 2                      級數: Intermediate  
編舞者: Adrian Lefebour (AUS)  
音樂: Tic Toc - LeAnn Rimes



Sequence: AABB, TAG, TAG, AABB, TAG, TAG, AAA, BBBB, TAG, TAG

## PART A

### ROCK FORWARD ROCK BACK, CROSS BALL JACKS-GOING BACK, ROCK FORWARD ROCK BACK

- 1-2                      Rock forward left, rock back right
- &3&4                    Step left slightly back, cross right over left, step left slightly back, place right heel in 45degree angle
- &5&6                    Step right slightly back, cross left over right, step right slightly back, place left heel in 45 degree angle
- &7-8                    Step left next to right, rock forward right, rock back left

### ¼ SHUFFLE, ½ HINGE SHUFFLE, CROSS ROCK & CROSS ROCK

- 1&2                    ¼ shuffle over your right shoulder - stepping right left right
- 3&4                    ½ hinge shuffle over your left shoulder - stepping left right left
- 5-6                    Cross rock right over left, rock back on left
- &7-8                    Step right in place, cross rock left over right, rock back on right (end facing 9:00 wall)

### ½ PIVOT TURN, ½ TURN, ¼ TURN, CROSS STEP SIDE, LEFT SAILOR STEP

- &1-2                    Step left in place, step right forward ½ pivot turn left
- 3-4                    Step right back into ½ over left shoulder, step left into ¼ left (weight should be on left)
- &5-6                    Replace weight back onto right, cross left over right, step right to right
- 7&8                    Left sailor step - step left behind, step right in place, step left to left

### TOGETHER, ½ MONTEREY TURN, ROCK REPLACE, RIGHT SAILOR STEP, ½ PIVOT TURN

- &1-2                    Step right next to left (change weight to right), ½ Monterey turn left - point left to left, ½ left
- 3-4                    Rock right to right, rock back on left
- 5&6                    Right sailor - step right behind, step left in place, step right to right
- 7-8                    Step left forward, ½ pivot turn right (end facing 6o'clock wall)

## PART B

### BUMP HIPS LEFT-RIGHT, BUMP HIPS LEFT-RIGHT-LEFT, BUMP HIPS RIGHT-LEFT, BUMP HIPS RIGHT-LEFT-RIGHT

- 1-2                    Step left to left & bump hips left then right
- 3&4                    Bump hips left-right-left
- 5-6                    Bump hips right-left
- 7&8                    Bump hips right-left-right

### STEP DRAG, SHUFFLE FORWARD, ROCK REPLACE, ½ SHUFFLE

- 1-2                    Step left forward, drag right next to left (change weight to right)
- 3&4                    Shuffle forward left - stepping left-right-left
- 5-6                    Rock forward right, rock back on left
- 7&8                    ½ shuffle right - stepping right-left-right

## TAG

### ROCK REPLACE, LEFT SAILOR STEP, RIGHT SAILOR STEP, ½ PIVOT TURN

- 1-2                    Rock left to left, replace weight onto right
- 3&4                    Left sailor step - step left behind, step right in place, step left to left

5&6            Right sailor step - step right behind, step left in place, step right to right  
7-8            Step left forward, ½ pivot turn right

**ENDING**

**To finish dance do a full pivot turn to the front**

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