

Tic Toc

拍數: 64 牆數: 2 級數: Improver
編舞者: Rosalie Mackay (AUS)
音樂: Tic Toc - Ricky Van Shelton



SLOW CHARLESTON, QUARTER-TURN LEFT

1-2-3-4 Touch right toe forward, hold, step right back, hold
5-6-7-8 Touch left toe back, hold, turning ¼ turn left step left forward, hold

FORWARD, HOLD, QUARTER-TURN RIGHT, SIDE, TOGETHER, SIDE

1-2-3-4 Step right forward, hold, step left forward, turn ¼ turn right keeping weight on left
5-6-7-8 Step right to right side, step left together, step right to right side, hold

BEHIND, SIDE, CROSS, HOLD, SIDE, ROCK, FRONT, HOLD

1-2-3-4 Step left behind right, step right to right side, step left across in front of right, hold
5-6-7-8 Rock/step right to right side, step left in place, step/stomp right in front of left, hold

SLOW HEEL TWIST, SIDE, TOGETHER, SIDE, TOGETHER

1-2-3-4 Twist both heels ¼ turn to right, hold, twist both heels to center, hold
5-6-7-8 Step left to left side, step right together, step left to left side, step right together

QUICK HEEL TWISTS, BACK, TAP, FORWARD, SCUFF

1-2-3-4 Twist both heels to right, center, right, center
5-6-7-8 Step right back, touch left back & clap, step left forward, scuff right forward & click fingers

TWO LOCK-STEPS FORWARD

1-2-3-4 Step right forward, lock/step left behind, step right forward, scuff left & click fingers
5-6-7-8 Step left forward, lock/step right behind, step left forward, scuff right

SLOW HALF PIVOT, QUICK HALF PIVOT, QUARTER PIVOT

1-2-3-4 Step right forward, hold, pivot ½ turn left (weight on left), hold
5-6-7-8 Step right forward, pivot ½ turn left (weight on left), step right forward, pivot ¼ turn left (weight on left)

CROSS, HOLD, SIDE, HOLD, CROSS, HITCH/QUARTER TURN, FORWARD, HOLD

1-2-3-4 Step right across in front of left, hold, step left to left side, hold
5-6-7-8 Step right across in front of left, turning ¼ turn left hop on right & hitch left knee & click fingers, step left forward, hold

REPEAT

TAG #1

Before beginning the third wall (facing front)

SLOW ROLL RIGHT, SIDE, TOGETHER, SIDE, HOLD

1-8 Traveling right and turning a full turn right step right, hold, step left, hold, step right to side, step left together, step right to side, hold

SLOW ROLL LEFT, SIDE, TOGETHER, SIDE, HOLD

1-8 Traveling left and turning a full turn left step left, hold, step right, hold, step left to side, step right together, step left to side, hold

SAILOR STEPS RIGHT & LEFT

1-8 Step right behind left, step left to side, step right to side, hold, step left behind right, step right to side, step left to side, hold

TAG #2

Before beginning the fifth wall (facing front)

SLOW ROLL RIGHT, SIDE, TOGETHER, SIDE, HOLD

1-8 Traveling right and turning a full turn right step right, hold, step left, hold, step right to side, step left together, step right to side, hold

SLOW ROLL LEFT, SIDE, TOGETHER, SIDE, HOLD

1-8 Traveling left and turning a full turn left step left, hold, step right, hold, step left to side, step right together, step left to side, hold
