

Tic Tac Toe

COPPER KNOB
STEPPERS

拍數: 52 牆數: 4 級數: Improver
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音樂: Tic Tac Toe - Chilli



HEEL HITCH AND SLIDE

- 1 Touch right heel forward
- 2 Hitch heel at left ankle
- 3 Step slight 45 angle forward with right
- 4 Slide left to right-together/shift weight right
- 5-8 Repeat to the left
- 9-12 Repeat again right
- 13-16 Repeat again left

Variation taught for hitch: kick ball change, then slide

KNEE ROLLS AND DUCK WALK

- 1 Roll right knee inward
- 2 Roll right knee outward
- 3 Roll left knee inward
- 4 Roll left knee outward

This "duck walk" is a swiveling motion on the ball of each foot as you step:

- 5 Walk forward with right-heel leads/toe & knee point outward!
- 6 Walk forward with left-repeat above movement
- 7-8 Repeat 5-6

¼ TURN, TOE TOUCHES, JAZZ BOX & JUMP

- 1 Step forward with right
- 2 Touch left to the side as you ¼ turn right
- 3 Cross left over right
- 4 Point right to the side
- 5 Cross right over left
- 6 Step straight back with left
- 7 Step to the side with right
- 8 Jump both feet forward slightly

KICK BALL CHANGE, MILITARY PIVOTS

- 1 Kick right forward
- & Step on ball of right
- 2 Step weight on left
- 3 Step right forward
- 4 Pivot on ball of right-½ turn left (weight on left)
- 5 Kick right forward
- & Step on ball of right
- 6 Step weight on left
- 7 Step right forward
- 8 Pivot on ball of right-½ turn left (weight on left)

SHIMMY (WIGGLES) * OR HIP ROLLS *

- 1-4 Step right- slide left to right-shimmy body (shift weight left)
- 5-8 Step left- slide right to left-shimmy body
- 1-4 Step left- slide right to left-shimmy body (make sure weight is left)

REPEAT

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