Thunder On The Mountain



拍數: 48 牆數: 4 級數: Intermediate

編舞者: Phil Johnson (UK)

音樂: Thunder On the Mountain - Bob Dylan



CROSS RIGHT, HOLD, BACK LEFT, HOLD, SIDE, CROSS, SIDE

1-4 Cross right over left, hold, step back on left, hold

5-8 Step right to right side, cross step left in front of right, step right to right side, hold

LEFT BEHIND, HOLD, SWEEP RIGHT BEHIND LEFT, HOLD, SIDE, CROSS, 1/4 TURN LEFT

9-12 Cross step left behind right, hold, sweep right round and behind left, hold

13-16 Step left to left side, cross step on right in front of left, ¼ turn left stepping forward on left,

hold (9:00)

STEP FORWARD, HOLD, PIVOT HALF LEFT, HOLD, RIGHT LOCK RIGHT, HOLD

17-20 Step right forward, hold, pivot half turn left, hold (weight on left) (3:00) 21-24 Step right forward, lock left behind right, step forward on right, hold

CROSS LEFT, HOLD, BACK RIGHT, HOLD, LEFT SIDE, CROSS, LEFT FORWARD

25-28 Cross left over right, hold, step back on right, hold (3:00)

29-32 Step left to left side, cross step right in front of left, step forward on left, hold

ROCK FORWARD, HOLD, RECOVER ON LEFT, HOLD, 3/4 SHUFFLE TURN RIGHT, HOLD

33-36 Rock forward on right, hold, recover weight back on left, hold

37-40 ¼ turn right, stepping right slightly to right, ¼ turn right, stepping left beside right, ¼ turn right

stepping slightly forward on right, hold. (12:00)

STEP FORWARD, HOLD, PIVOT HALF RIGHT, HOLD, 3/4 SHUFFLE RIGHT, HOLD

41-44 Step forward on left, hold, pivot half turn right, hold

45-48 On ball of right ¼ turn right stepping on ball of left beside right, ¼ turn right stepping onto ball

of right, (with weight on ball of right) ¼ turn right stepping left to left side, hold (3:00)

REPEAT

ENDING

End the dance on count 40 facing the home wall (5th time you start the dance on the home wall). There is a slight pause in the music at that point, then the music unwinds as you leave the floor. This track is 5 minutes 53 seconds long so you may wish to fade it earlier