

Thunder & Lightning

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Gary Lafferty (UK)
音樂: Knock On Wood - Rachel Stevens



STEP, BRUSH, STEP BRUSH, RIGHT SHUFFLE, ROCK FORWARD, RECOVER

- 1-2 Step forward on right foot, brush left foot forward
- 3-4 Step forward on left foot, brush right foot forward
- 5&6 Step forward on right foot, step on left foot beside right, step forward on right foot
- 7-8 Rock forward on left foot, recover weight back onto right foot

SHUFFLE ½ TURN, STEP FORWARD, ½ TURN, RIGHT SIDE-SHUFFLE, ROCK BACK, RECOVER

- 1&2 Shuffle back ½ turn over left shoulder stepping left-right-left now facing 6:00
- 3-4 Step forward on right foot, pivot ½ turn to left now facing 12:00
- 5&6 Step to right on right foot, step on left foot beside right, step to right on right foot
- 7-8 Rock back on left foot behind right, recover weight onto right foot

¼ TURN, ¼ TURN, CROSS-SHUFFLE, ¼ TURN, ¼ TURN, CROSS-ROCK, RECOVER

- 1-2 Turn ¼ right, stepping back onto left foot, turn ¼ right, stepping to right on right foot
- 3&4 Cross-step left foot over right, step to right on right foot, cross-step left foot over right
- 5-6 Turn ¼ left, stepping back onto right foot, turn ¼ left, stepping to left on left foot
- 7-8 Cross-rock right foot over left, recover weight back onto left foot

STEP RIGHT, HOLD/CLAP, & STEP, TOUCH, ¼ TURN, ½ TURN, LEFT COASTER STEP

- 1-2 Step to right on right foot, hold / clap hands
- &3-4 Step on left foot beside right, step to right on right foot, touch left foot beside right
- 5-6 Turn ¼ left, stepping forward onto left foot, turn ½ left, stepping back onto right foot
- 7&8 Step back on left foot, step on right foot beside left, step forward on left foot

REPEAT
