

Thump

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Gloria Johnson (USA)
音樂: Thump Factor - Smokin' Armadillos



The & counts in the Star Turn Switch (Steps &25-&28) are meant only to denote the movement of a foot. These counts are NOT meant to be done at double-speed as some people believe. The two-stage step is accomplished in one beat of music!

TAP & SWITCH

- 1 Tap right heel forward
- 2 Switch feet tapping left heel forward
- 3 Switch feet tapping right heel forward
- 4 Tap right heel forward again

- 5 Switch feet tapping left heel forward
- 6 Switch feet tapping right heel forward
- 7 Switch feet tapping left heel forward
- 8 Tap left heel forward again.

GRAPEVINE - LEFT

- 9-11 Vine left (step left out to side, cross right behind, step left out to side)
- 12 Touch right foot next to left

GRAPEVINE RIGHT WITH TURN

- 13-15 Vine right (step right out to side, cross left behind, step right out to side and pivot ½ turn to the right at the same time)
- 16 Hitch left knee

GRAPEVINE LEFT WITH TURN

- 17-19 Vine left (step left out to left side, cross right behind left, step left out to side and pivot ½ turn to the left at the same time)
- 20 Hitch right knee

THUMPIN' VINE

- 21 Step right over left
- 22 Step left out to left side
- 23 Step right behind left
- 24 Thump (stomp) left next to right

STAR TURN SWITCH

- & Point right toe behind
- 25 Switch feet (step on right foot and tap left heel forward)
- & Step on left and point right toe behind and turn body ¼ turn to the left at the same time
- 26 Switch feet (step on right foot and tap left heel forward)
- & Step on left and point right toe behind and turn body ¼ turn to the left at the same time
- 27 Switch feet (step on right foot and tap left heel forward)
- & Step on left and point right toe behind and turn body ¼ turn to the left at the same time
- 28 Hold one beat

THUMPIN' TURN

- 29-30 Thump (stomp) right foot next to left twice

- 31 Step right foot forward
- 32 Do $\frac{1}{4}$ turn to left placing weight on both feet

REPEAT
