

# Thrive

**COPPER** **KNOB**  
BY STEPHENETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Henry Costa (USA)  
音樂: I Just Wanna Be Happy - Gloria Estefan



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## HEEL, TOGETHER, HEEL, TOGETHER, TOE, HEEL, POINT & POINT, TOGETHER, POP UP

1&2&      Right heel tap forward, right next to left, left heel tap forward, left next to right  
3-4      Right toe touch forward, right heel down (lean upper body down - like starting to do sit up and bending left knee slightly stating to squat down)  
5&6      Point out left to left side, left next to right, point out right to right side  
7-8      Right next to left, pop back straight up from squatted down position standing straight up  
Helps to bring chest slight out forward to help stand straight. Weight now on left

## FORWARD RIGHT, TOUCH & CLAP, BACK LEFT, TOUCH & CLAP, OUT-OUT, HOLD & CLAP, IN-IN HOLD & CLAP

1-2      Forward right, touch left next to right and clap  
3-4      Back left touch right next to left and clap  
&5-6      Right step side right, left step side left (feet shoulder distance apart - weight on left), hold & clap  
&7-8      Right step to center, left step to center next to right (feet together - weight on left)

## FORWARD, ½ TURN, RIGHT KICK BALL CHANGE, FORWARD, ½ TURN, RIGHT KICK BALL CHANGE

1-2      Forward right, ½ turn left (transfer weight to left)  
3&4      Kick right forward, step on to ball of right next to left, change weight to left  
5-6      Forward right, ½ turn left (transfer weight to left)  
7&8      Kick right forward, step on to ball of right next to left, change weight to left

## GRAPEVINE RIGHT, GRAPEVINE LEFT WITH ¼ TURN

1-2      Side right, cross left behind right  
3-4      Side right, touch left next to right (weight on right)  
5-6      Side left, cross right behind left  
7-8      ¼ turn left with left, touch right next to left (weight on left)

**REPEAT**

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