

Thriller

拍數: 40 牆數: 4 級數: Improver
編舞者: "Calamity" Jane Newhard (USA)
音樂: Thriller - Michael Jackson



WALK FORWARD, POINT, WALK BACK, POINT

- 1-3 Walk forward right-left-right
- 4 Point left to left side while extending right arm straight up clenched fist
- 5-7 Lower right arm, walk back left (5), walk back right-left
- 8 Touch right to right side while extending left arm straight up clenched fist

VINE LEFT, UPPERBODY ROCKS

- 1-2 Lower right arm, cross step right over left (1), step left to left side
- 3 Step right behind left
- 4 Point left to left side while extending left arm straight out to left "fingers pointed out"

Hold left arm out to left and keep looking to left for next 4 counts

- 5-8 Keep feet on floor, but shifting weight; move upper body sideways left-right-left-right

WEAVE RIGHT, ¼ TURN RIGHT

- 1-2 Lower left arm while cross step left behind right, step right to right side
- 3-4 Cross step left over right, step right to right side
- 5 Cross step left behind right
- 6 Step right while turning ¼ turn right
- 7 Step left beside right
- 8 Touch right toe beside left (keep right heel raised)1-4

SHOULDER SHRUGS, MOONWALK

- 1 Keeping right heel raised; raise left shoulder while lowering right shoulder
- 2 Raise right shoulder while lowering left shoulder
- 3 Raise left shoulder while lowering right shoulder
- 4 Raise right shoulder while lowering right shoulder
- 5 With right heel raised; drag right toe back as you step back (as you step back, right heel lowers - pop left heel off floor)
- 6 With left heel raised; drag left toe back as you step back (as you step back, left heel lowers - pop right heel off floor)
- 7-8 Repeat "moonwalk" steps 5-6

SHIMMY RIGHT, SHIMMY LEFT, ALA DOWN & DIRTY

- 1-4 Step right to right side, shimmy, shimmy, touch left beside right
- 5-8 Step left to left side, shimmy, shimmy, touch right beside left

REPEAT

Optional: replace moonwalks with a simple walk back right-left-right-left
