

3blah Cha Cha 4-2 (P)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 0 級數: Partner
編舞者: Moses Bourassa Jr. (USA) & Barbara Frechette (USA)
音樂: Blah, Blah, Blah Cha Cha - Titus Turner



Position: Sweetheart/Cape Position facing LOD. Identical footwork unless noted

KNEE POPS

- 1-2 Pop left knee forward as toe is forward, circle knee outside to left side
- 3-4 Start to straighten knee back, step on left
- 5-6 Pop right knee forward as toe is forward, circle knee outside to right side
- 7-8 Start to straighten knee back, step on right

STEP, SLIDE, ROCK STEP, RECOVER, SIDE SHUFFLES

- 9-10 Step left to left side, slide right next to left
- 11&12 Step left to left side, step right next to left, step left to left side
- 13-14 Diagonally rock back on right behind left, recover on left
- 15&16 Step right to right side, step left next to right, step right to right side

CROSS ROCKS, RECOVERS, ¼ TURN TO THE LEFT SHUFFLES, ½ TURN TO THE RIGHT SHUFFLES LADY'S FOOTWORK

Disconnect left hands and lady will go under raised right hands and will connect left hands after turn

- 17-18 Cross rock left over right, recover on right
- 19&20 Step left making ¼ turn to the left, step right back making ¼ turn to the left, step left next to right making ¼ turn to the left

MAN'S FOOTWORK

- 17-18 Rock forward on left, recover on right
- 19&20 Step back on left, step right back making ¼ turn to the right, step left next to right

Couple keep hands connected and man will slightly be behind lady

- 21-22 Rock forward on right, recover on left
- 23&24 Sway hips while stepping right making ¼ turn to the right, step left making ¼ turn to the right, step right next to left
- 25-26 Rock left to the side, recover back on right making ¼ turn to the right

Couple will be back in Sweetheart/Cape position

- 27&28 Step forward on left, step forward on right, step right forward
- 29-30 Step forward on right, step forward on left
- 31&32 Step forward on right, step forward on left, step right next to left

Option on movements for lady/man or both: couple can either do turns disconnected. Lady can make the turn while couple's left hand are disconnected and raised right hands to do turn

- 27&28 Step left forward, step right back making ½ turn to the right, step left making ½ turn to the right
- 31&32 Step forward on right making ¼ turn to the right, step forward on left making ½ turn to the right, step right next to left making ¼ turn to the right

REPEAT