Three Steps Forward (P)

級數: Partner

編舞者: Loretta Dwiggings

拍數: 34

音樂: Doo Wha Days - Mickey Gilley





Position: Tandem position (man behind lady, left hands joined, Right hands at lady's right hip, progress to Side by Side (Sweetheart) and then returns to Tandem position

- 1-3 Walk forward left, right, left
- 4 Tap right toe out to the right side (add hip movement)

牆數: 0

- 5-7 Walk forward right, left, right
- 8 Tap left toe out to left side (add hip movement)

HIP CIRCLES

- 9-12 Start with weight on right, move left to right and left to right again, keeping bodies close while still in tandem position
- 13 Step forward on left
- 14-15 Step forward on right and pivot ½ turn left to face RLOD

Release right hands & use left hands during pivot

16-17 Step forward on right and pivot ½ turn left to face LOD

Release left hands & pick up right hands at man's waist to pivot

VINE RIGHT MOVING INTO SIDE BY SIDE

- 18-20 Step right, cross left behind right, step right
- 21-22 Step forward on left, pivot ½ turn on right to face RLOD (use left hand)
- 23-24 Step forward on left, pivot ¹/₂ turn on right to LOD (use right hands)
- 25 Left step forward
- 26-27 Tap right toe forward & to right side, cross over left foot & transfer weight
- 28-29 Tap left toe out forward & out to left side, cross over right & transfer weight
- 30 Tap right toe forward & to right side, begin ½ box step which returns partners back to tandem position
- 31-32 Step right over left, left step backward (man steps behind lady.)
- 33-34 Step right beside left, left touch next to right

REPEAT