

Three Step Boogie

拍數: 64 牆數: 4 級數:
編舞者: Unknown
音樂: Trail of Tears - Billy Ray Cyrus



PIGEON TOES & HEEL TOUCHES

- 1 With toes together, spread heels apart
- 2 Return heels together
- 3 Spread heels apart
- 4 Return heels together
- 5 Touch right heel to the front
- 6 Touch right foot in place
- 7 Touch right heel to the front
- 8 Step right foot in place
- 9 With toes together, spread heels apart
- 10 Return heels together
- 11 Spread heels apart
- 12 Return heels together
- 13 Touch left heel to the front
- 14 Touch left foot in place
- 15 Touch left heel to the front
- 16 Touch left foot in place

MOVE FORWARD ON THE LEFT DIAGONAL-CLAPPING

- 17 Step forward (diagonally left) on left foot
- 18 Slide right foot to left foot and clap
- 19 Step forward (diagonally left) on left foot
- 20 Slide right foot to left foot and clap
- 21 Step forward (diagonally left) on left foot
- 22 Slide right foot to left foot and clap
- 23 Step forward (diagonally left) on left foot
- 24 Slide right foot to left foot and clap

STEP BACK & TOUCH FOUR TIMES

- 25 Step back (diagonally right) on right foot
- 26 Touch left foot to right foot
- 27 Step back (diagonally left) on left foot
- 28 Touch right foot to left foot
- 29 Step back (diagonally right) on right foot
- 30 Touch left foot to right foot
- 31 Step back (diagonally left) on left foot
- 32 Touch right foot to left foot

VINE RIGHT 7 AND SCUFF

- 33 Step right on right foot
- 34 Cross left foot behind right foot
- 35 Step right on right foot
- 36 Cross left foot in front of right foot
- 37 Step right on right foot
- 38 Cross left foot behind right foot
- 39 Step right on right foot

40 Scuff left foot forward and across right leg

VINE LEFT 7 AND TOUCH

41 Step left on left foot
42 Cross right foot behind left foot
43 Step left on left foot
44 Cross right foot in front of left foot
45 Step left on left foot
46 Cross right foot behind left foot
47 Step left on left foot
48 Touch right foot beside left foot

RIGHT HEEL TOUCHES

49 Touch right heel to the front
50 Touch right foot in place
51 Touch right heel to the front
52 Touch right foot in place

STEP, TOUCH, LEFT HEEL, TOUCH

53 Step forward on right foot
54 Touch left toe beside right foot
55 Touch left heel forward
56 Touch left foot beside right foot

TURN, SLIDE, STEP, HITCH

57 Turn $\frac{1}{4}$ left as you step on left foot
58 Slide right foot to just behind left foot
59 Step forward on left foot
60 Hitch right

WALK BACK 3 AND STOMP

61 Walk backwards right
62 Walk backwards left
63 Walk backwards right
64 Stomp left foot beside right foot

REPEAT
