

# Three Nickels

拍數: 68      牆數: 4      級數: Intermediate  
編舞者: Ellie Jordan (UK)  
音樂: Three Nickels and a Dime - Ricky Lynn Gregg



## HEEL STRUT RIGHT HEEL STRUT LEFT TWICE

- 1-2      Step forward on right heel, drop right toe taking weight
- 3-4      Step forward on left heel, drop left to taking weight
- 5-8      Repeat 1-4

## CHASSE RIGHT, ROCK BACK LEFT, CHASSE LEFT, ROCK BACK RIGHT

- 1&2      Step right to right side, close left beside right, step right to right side
- 3-4      Rock back on left, rock forward onto right
- 5&6      Step left to left side, close right beside left, step left to left side
- 7-8      Rock back on right, rock forward onto left

## ROCK RIGHT ¼ TURN LEFT, SHUFFLE FORWARD RIGHT, ROCK FORWARD, LEFT COASTER STEP LEFT

- 1-2      Rock to right side on right, rock onto left making ¼ turn left
- 3&4      Step forward right, close left beside right, step forward right
- 5-6      Rock forward on left, rock back on right
- 7&8      Step back left, step right beside left, step forward left

## MONTEREY ½ TURN RIGHT MONTEREY 1/TURN RIGHT

- 1-4      Touch right to right side, on ball of left make ½ turn right, stepping right beside left touch left to left side, step left beside right
- 5-8      Touch right to right side, on ball of left make ¼ turn right, stepping right beside left touch left to left side, step left beside right

## KICK BALL CHANGE RIGHT TWICE, ROCK RIGHT SAILOR STEP RIGHT

- 1&2      Kick right forward, step right beside left, step onto left in place
- 3&4      Kick right forward, step right beside left, step onto left in place
- 5-6      Rock to right side on right, rock onto left in place
- 7&8      Cross right behind left, step left to left side, step right to place

## KICK BALL CHANGE LEFT TWICE, LEFT ROCK, ¼ TURN LEFT SAILOR STEP

- 1&2      Kick left forward, step left beside right, step onto right in place
- 3&4      Kick left forward, step left beside right, step onto right in place
- 5-6      Rock to left side on left, rock onto right in place, sailor step left
- 7&8      Cross left behind right making ¼ turn left, step right to right side, step left to place

## ROCK STEP, SHUFFLE ½ TURNS RIGHT (TRAVELING BACK) X 3

- 1-2      Rock forward on right, rock back onto left
- 3&4      Shuffle ½ turn right, stepping - right, left, right
- 5&6      Shuffle ½ turn right, stepping - left, right, left
- 7&8      Shuffle ½ turn right, stepping - right, left, right

## ROCK FORWARD LEFT, LOCK BACK LEFT, BACK RIGHT LEFT, LEFT COASTER TOUCH

- 1-2      Rock forward on left, rock back on right
- 3&4      Step back left, lock right across left, step back left
- 5-6      Walk back stepping right & left
- 7&8      Step back right, step left beside right, touch forward right

**ROCKING CHAIR FORWARD RIGHT**

1-4                    Rock forward on right, rock back onto left, rock back on right, rock forward onto left

**REPEAT**

**RESTART**

**On the 3rd wall only dance sections 1-8 and restart dance**

---