

3M's

拍數: 64 牆數: 4 級數: Improver
編舞者: Wendy Andrews (UK)
音樂: Just One More Tune - Paul Bailey



OUT TOGETHER OUT TOGETHER ROCK RECOVER STOMP HOLD

1-2 Touch right toe out right, touch right toe to left in step
3-4 Touch right toe out right, touch right toe to left in step
5-6 Rock back on right recover on to left
7-8 Stomp right beside left hold

OUT TOGETHER OUT TOGETHER ROCK RECOVER STOMP HOLD

1-2 Touch left toe out left, touch right toe to right in step
3-4 Touch left toe out left, touch left toe to right in step
5-6 Rock back on left, recover on to right
7-8 Stomp left beside right, hold

BACK LOCK KICK COASTER STEP

1-2 Step right behind left, stepping left across right
3-4 Step right behind left, stepping left across right kick left
5&6 Step back on left, touch right back to left
7-8 Step forward left hold

BACK LOCK KICK ½ COASTER TURN

1-2 Step right behind left stopping left across right
3-4 Step right behind left stopping left across right kick left
5&6 Stepping left behind right pivot on ball of left foot ½ turn
7-8 Step right beside left, hold

OUT IN OUT TWICE HEEL TOE HEEL HOOK

1-2 Point toe out right touch right beside left instep
3-4 Point toe out right touch right beside left instep
5-6 Tap right heel forward, bring right toe across left foot
7-8 Right heel forward, hitch right across left

RIGHT STEP SIDE STEP HITCH, OUT IN OUT TWICE

1-2 Right step forward, slide left beside right
3-4 Step right forward, hitch left
5-6 Point toe out left touch left beside right instep
7-8 Point toe out left touch left beside right instep

HEEL TOE HEEL HOOK, LEFT STEP SIDE STEP HUTCH

1-2 Tap left heel forward, bring left toe across right foot
3-4 Left heel forward, hitch left across right
5-6 Step left forward, slide right beside left
7-8 Step left forward, hitch right

GRAPEVINE RIGHT GRAPE VINE LEFT ¼ TURN LEFT

1-2 Step right to right side, step left behind right
3-4 Step right to right side, hitch left to right
5-6 Step left to left side, step right behind left

7-8

Turning $\frac{1}{4}$ turn left stepping left, hitch right beside left

REPEAT
