

# Three Minutes

拍數: 0      牆數: 0      級數:  
編舞者: Dennis Dryden (UK)  
音樂: Three Minute Positive Not Too Country Up-Tempo Love Song - Alan Jackson



Sequence: ABA, C, B (counts 1-8 only), ABABA, C, B, ABA, C, B, A. Before dancing Part C for the last time, pause on step 16. When music ends, carry on dancing Part A and finish on beat 16 with a stamp (no hook)

## PART A

### CHASSE RIGHT - WEAVE RIGHT - TAP RIGHT, WEAVE LEFT - TAP LEFT - HOOK

1&2      Side right, left beside right, side right  
3&4      Left behind right, side right, left across right  
5      Tap right to side & slightly forward  
6&7      Right behind left, side left, right across left  
8&      Tap side left, hook left behind right

### CHASSE LEFT - WEAVE LEFT - TAP LEFT, WEAVE RIGHT - TAP RIGHT - HOOK

9&10      Side left, right beside left, side left  
11&12      Right behind left, side left, right across left  
13      Tap left to side & slightly forward  
14&15      Left behind right, side right, left across right  
16&      Tap side right, hook right behind left

## PART B

### CHASSE RIGHT TURNING ¼ LEFT - ROCK BACK/REPLACE, LOCK STEP FORWARD/TURN ½ - BACK/HOOK/FORWARD

1&2      Side right, left beside right, side right turning ¼ left  
3-4      Left back, replace right  
5&6      Forward left, cross right behind left, forward left untwisting ½ right  
7&8      Right back, hook left in front of right, forward left

### CHASSE RIGHT TURNING ¼ LEFT - ROCK BACK/REPLACE, LOCK STEP FORWARD/TURN ½ - BACK/HOOK/FORWARD

9&10      Side right, left beside right, side right turning ¼ left  
11-12      Left back, replace right  
13&14      Forward left, cross right behind left, forward left untwisting ½ right  
15&16      Right back, hook left in front of right, forward left

## PART C

### BUMPS RIGHT/RIGHT LEFT/LEFT - VINE RIGHT TURNING ¼ LEFT - LEFT HEEL

1-2      Hip bumps right/right  
3-4      Hip bumps left/left  
5-6      Side right, left behind right  
7-8      Side right -turning ¼ left -tap left heel in front

### FORWARD - TAP BACK, BACK - TAP FORWARD - SHUFFLE/TURN ¼ LEFT SIDE/REPLACE

9-10      Forward left -tap right toe back  
11-12      Back right -tap left heel forward  
13&14      Forward left - step right beside left, forward left turning ¼ left  
15-16      Side right, replace left