3 Down, 4 More To Go



拍數: 64 牆數: 2 級數: Intermediate

編舞者: Kerry Hughes (AUS) 音樂: Three Down - The Waifs



STEP DIAGONAL RIGHT, CLAP, STEP DIAGONAL LEFT, CLAP, PIVOT 1/8 LEFT, PIVOT 1/8 LEFT

1-4 Step forward right on right diagonal, clap, step forward left on left diagonal, clap

5-8 Step forward right pivot 1/8 left, step forward right pivot 1/8 left (9:00)

STEP DIAGONAL RIGHT, CLAP, STEP DIAGONAL LEFT, CLAP, SIDE, SIDE, CROSS

1-4 Step forward right on right diagonal, clap, step forward left on left diagonal, clap

5-8 Step right to right side, step left to left side, cross right over left, hold

SIDE, SIDE, CROSS, SIDE, BEHIND, SIDE, CROSS, STEP BACK 1/4 LEFT

1-4 Step left to left side, step right to right side, cross left over right, step right to right side

5-8 Step left behind right, step right to right side, cross left over right, step back on right turning \(\frac{1}{2} \)

left (6:00)

STEP, LOCK, STEP, SCUFF, STEP, TAP BEHIND, STEP, TAP IN FRONT

Step forward on left, lock right behind left, step forward on left, scuff right beside left
Step forward on right, tap left toe behind right, step back on left, tap right toe across left

ROCK FORWARD, ROCK BACK, ROCK FORWARD, SCUFF, STEP, TAP BEHIND, STEP, TAP

1-4 Rock step forward on right, rock step back on left, rock step forward on right, scuff left beside

right

5-8 Step forward on left, tap right toe behind left, step back on right, tap left next to right

STEP, HOLD, ¼ STEP, HOLD, LEFT SAILOR STEP, STEP ¼ RIGHT

1-4 Step forward on left, hold, turning ¼ turn right step forward on right, hold

5-8 Cross left behind right, step right to right side, step left to left side (sailor), turning ¼ turn right

step forward on right

LEFT ROCKING CHAIR, FORWARD, HOLD, 1/4 SIDE, HOLD

Step forward on left, rock back on right, step back on left, step forward on right Step forward on left, hold, turning ¼ turn right step right to right side, hold

LEFT ROCKING CHAIR, FORWARD, HOLD, 1/4 SIDE, TAP

1-4 Step forward on left, rock back on right, step back on left, step forward on right

5-8 Step forward on left, hold, tap right next to left, hold

REPEAT

RESTART

When danced to The Waifs, restart after count 32 on walls 1, 3, 5, 7, 9, and 10

RESTART

When danced to Jenai, on wall 1, dance the first 44 counts. Then left sailor quarter right, tap right next to left and restart

FINISH

When danced to The Waifs, on the last wall dance first 28 counts, then step ¼ right, step ¼ right When danced to Jenai, to finish at front at the end of last wall repeat last 16 counts

