

# Three Days

拍數: 64      牆數: 2      級數: Improver  
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音樂: Three Days - Mandy Barnett



## KICK, STEP, KICK, STEP, KICK, JAZZ BOX, STEP

- 1 Kick right foot forward
- 2 Step right foot next to left
- 3 Kick left foot forward
- 4 Step left foot next to right
- 5 Kick right foot forward
- 6 Cross right foot over left (to start jazz box)
- 7 Step back on left
- 8 Step right foot next to left

## KICK, STEP, KICK, STEP, KICK, JAZZ BOX, STEP

- 1 Kick left foot forward
- 2 Step left foot next to right
- 3 Kick right foot forward
- 4 Step right foot next to left
- 5 Kick left foot forward
- 6 Cross left foot over right (to start jazz box)
- 7 Step back on right
- 8 Step left foot next to right

## STEP BEHIND, STEP SIDE, CROSS OVER, POINT

- 1 Step right crossing behind left
- 2 Step side left on the left
- 3 Cross right over left
- 4 Touch left to left side
- 5 Step left crossing behind right
- 6 Step side right on right
- 7 Cross left over right
- 8 Touch right to right side

## STEP ½ TURN PIVOT, KICK, KICK, TOUCH SIDE, HITCH BACK

- 1 Step forward on right
- 2 Hold
- 3 ½ turn pivoting on ball of right (left takes weight after turn is complete)
- 4 Hold
- 5-6 Kick right forward (5). Kick right forward (6)
- 7 Touch right to right side
- 8 Hitch right behind left calf (bending right knee placing instep of foot behind left calf)

## GRAPE VINE RIGHT WITH ¼ TURN, HOLD, KICK, KICK, TOUCH SIDE, HITCH

- 1 Step side right on right
- 2 Step left behind right
- 3 ¼ turn to right stepping on right
- 4 Hold
- 5-6 Kick left, kick left
- 7 Touch side with left

8 Hitch left behind right (bending left knee placing instep of foot behind right calf)

**GRAPE VINE LEFT WITH ¼ TURN, HOLD, KICK, KICK TOUCH SIDE, HITCH**

1 Step side left on left  
2 Step right behind left  
3 ¼ turn to left stepping on left  
4 Hold  
5-6 Kick right, kick right  
7 Touch side with right  
8 Hitch right behind left (bending right knee placing instep of foot behind left calf)

**ROCK FORWARD, RECOVER, ¼ TURN RIGHT, HOLD, ¼ TURN ROCK FORWARD, RECOVER, STEP IN PLACE**

1 Rock forward right  
2 Recover on left  
3 ¼ turn to right stepping on right  
4 Hold  
5 ¼ turn to right (now facing front) rocking forward on left  
6 Recover on right  
7 Step left next to right  
8 Hold

**MODIFIED SAILOR STEP P, MODIFIED SAILOR STEP LEFT**

1 Step right behind left  
2 Push off left side on ball of left foot  
3 Step out to right on right  
4 Hold  
5 Step left behind right  
6 Push off right side on ball of right foot  
7 Step out to left on left  
8 Hold

**REPEAT**

**TAG**

Happens after 3rd time through. You will end up doing the dance three times facing the front wall, the 16 count tag, then three times facing the back wall

**DIAMOND STEPS**

1 Step right on right diagonal (body opening to 10:00)  
2 Step left next to right  
3 Step right on right diagonal  
4 Touch left next to right  
5 Step left on left diagonal (body opening to 2:00)  
6 Step right next to left  
7 Step left on left diagonal  
8 Touch right next to left

**½ TURN ON LEFT STEPPING RIGHT CONTINUING DIAMOND STEPS**

1 ½ turn pivot on ball of left (now facing back) stepping to the right diagonal on right  
2 Step left next to right  
3 Step right on right diagonal  
4 Touch left next to right  
5 Step left on left diagonal  
6 Step right next to left

- 7 Step left on left diagonal
  - 8 Touch right next to left
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