

3 Cool Cats

拍數: 0 牆數: 2 級數: Intermediate social cha
編舞者: Terry Cullingham (UK)
音樂: 3 Cool Cats - Ry Cooder



Sequence: ABB ABB BB

PART A

CROSS, ½ TURN, STEP, MAMBO STEP, SIDE, TOGETHER, ROCK & CROSS

1-2 Cross right over left, half turn left stepping left forward
3&4 Rock right to right side, recover on left, step right beside left
5-6 Step left to left side, step right beside left
7&8 Rock left to left side, recover on right, cross left over right

FORWARD ROCK, COASTER STEP, CROSS, ½ TURN, STEP, MAMBO STEP

9-10 Rock forward on right, recover on left
11&12 Step back right, step left beside right, step right forward
13-14 Cross left over right, half turn right stepping right forward
15&16 Rock left to left side, recover on right, step left beside right

PART B

BACK ROCK, RIGHT CHASSIS, CROSS ROCK, LEFT CHASSIS

1-2 Cross rock right behind left, recover on left
3&4 Step right to right side, step left beside right, step right to right side
5-6 Cross rock left over right, recover on right
7&8 Step left to left side, step right beside left, step left to left side

FORWARD ROCK, SAILOR ½ TURN, FORWARD ROCK, SAILOR ½ TURN

9-10 Rock forward on right, recover on left
11&12 Sweep right ½ turn right stepping right to right side, step left next to right, step right forward
13-14 Rock forward on left, recover on right
15&16 Sweep left ½ turn left stepping left to left side, step right next to left, step left forward

¼ TURN, STEP, HIP BUMPS, FORWARD ROCK, CHASSIS ½ TURN

17-18 ¼ turn left stepping right to right side, step left to left side
19&20 Bump hips right, left, right
21-22 Rock forward on left, recover on right
23&24 ¼ turn left stepping left to left side, step right beside left, ¼ turn left stepping left forward

STEP, PIVOT ½ TURN, ¼ TURN, HIP BUMPS, BACK ROCK, LEFT SHUFFLE

25-26 Step forward on right, pivot ½ turn left
27&28 ¼ turn left stepping left to left side bumping hips right, left, right
29-30 Rock back on left, recover on right
31&32 Step left forward, close right beside left, step left forward

CROSS, SIDE, HIP BUMPS, TWICE

33-34 Cross right over left, step left to left side
35&36 Step right to right side bumping hips right, left, right
37-38 Cross left over right, step right to right side
39&40 Step left to left side bumping hips left, right, left

WALK, WALK, SCISSOR STEP, STEP, TOUCH, KICK, STEP BACK

41-42 Walk forward right, left
43&44 Step right to right side, step left beside right, cross right over left
45-46 Step left forward, touch right beside left
47&48 Kick right forward, step back right, step back left
