

A 1000 Miles (From Nowhere)

COPPER KNOB
BY STEPSHEETS

拍數: 36 牆數: 4 級數: Improver
編舞者: Karen Hadley (UK)
音樂: A Thousand Miles From Nowhere - Dwight Yoakam



SIDE, HOLD, CROSS BACK ROCK, SIDE, HOLD, CROSS ROCK

1-4 Large step right to right side, hold, cross rock left behind right, rock forward on right in place
5-8 Large step left to left side, hold, cross rock right over left, rock back on left in place

¼ TURN RIGHT, HOLD, STEP, PIVOT ½ TURN RIGHT, FORWARD, TOUCH, SIDE, TOGETHER

1-4 Step right ¼ turn right, hold, step forward on left, pivot ½ turn right
5-8 Step forward on left, touch right beside left, step right to right side, step left beside right (9:00)

BACK, HOOK, STEP, SWEEP, CROSS, SIDE, CROSS BACK ROCK

1-4 Step back on right, touch left across right foot, step forward on left, sweep right round
5-8 Cross step right over left, step left to left side, cross rock right behind left, rock forward on left in place

MODIFIED FIGURE OF EIGHT GRAPEVINE

1-6 Step right to right side, cross step left behind right, step right ¼ turn right, hold, step forward on left, on ball of right pivot ¾ turn right, (9:00)
7-12 Step left to left side, cross step right behind left, step left ¼ turn left, hold, step forward on right, on ball of left pivot ¾ turn left, (9:00)

REPEAT

TAG

To be added to the end of wall 4 (facing front wall) & wall 6 (facing back wall)

FIGURE OF 8 HIP ROLLS

1-4 Step right to right side rolling hips to the right over 2 counts, sway to left rolling hips to the left over 2 counts
