

# Thong Dance (That Dern Wedgie)

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Cody Stevens (USA) & Michael Lorah (USA)  
音樂: Thong Song - Sisqó



## MAMBO STEPS

- 1            Rock forward on the right foot
- &            Rock weight to the left foot
- 2            Step right next to the left
- 3            Rock back on the left foot
- &            Rock weight to the right foot
- 4            Step left next to right
- 5            Rock to the right on the right foot
- &            Rock weight to the left
- 6            Step right next to the left
- 7            Rock to the left with the left
- &            Rock weight to the right
- 8            Step left next to the right

## FOUR STEPS AND SHAKE IT

- 9            Step right to the right side
- 10           Step left to the left side
- 11           Step right back and to the center
- 12           Step left back and to the center
- &            Step right foot forward and to the right side
- 13           Step left foot forward and to the left side
- 14           Hold for one beat
- 15-16       Roll from right to left ending weight on the left foot

## TWO QUARTER TURNS QUICK VINE AND KNEE ROLLS

- 17           Step forward on the right foot
- 18           Pivot a quarter turn to the left while rolling hip
- 19-20       Repeat steps 17 and 18
- 21           Step right foot behind the left
- &            Step the left foot to the left side
- 22           Touch the right toe to the right side
- 23           Roll the right knee to the right
- 24           While rolling the right knee again pivot a quarter turn to the right weight left

## KICK THEN ROCK THEN LAST CHA-CHA

- 25           Kick then right foot forward
- 26           Kick the right foot to the right side
- 27           Step the right foot back and behind the left
- &            Step the left foot to the left side
- 28           Step the right foot forward
- 29           Rock forward on the left foot
- 30           Rock weight back to the right foot
- 31           Step the left foot forward
- &            Step the right foot next to the left
- 32           Step the left foot forward

**REPEAT**

Remember the point of the dance is you have a Really BIG wedgie and your trying to get it out. So really put your hips into it.

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