

This Will Be...

拍數: 0 牆數: 0 級數: high Intermediate
編舞者: Max Perry (USA)
音樂: This Will Be (An Everlasting Love) - Natalie Cole



SECTION A ("THE INTRO")

Start 24 counts into the song (this is instrumental)

2 CAT WALKS WITH HOLDS, JAZZ BOX TURNING ¼ RIGHT, HOLD

1-2-3-4 Step right forward & across left, hold, step left forward & across right, hold
5-6-7-8 Cross right over left, turn ¼ right as you step left back, step right to right side, hold

Think of the count as S,S,Q,Q,S

2 CAT WALKS WITH HOLDS, JAZZ BOX TURNING ¼ LEFT, HOLD

1-2-3-4 Step left forward & across right, hold, step right forward & across left, hold
5-6-7-8 Cross left over right & start to turn ¼ to left, step right back completing the ¼ turn left, step left to left side, hold

Think of the count as S,S,Q,Q,S

SLOW & QUICK VINE TRAVELING TO LEFT WITH WALK AROUND TURN LEFT

1-2-3-4 Step right forward & across left, hold, step left to left side, hold
5-6-7-8 Cross right behind left, turn ¼ left & step left forward, step right forward and turn ½ left, step left in place as you complete ¼ turn left

You should now be facing the same wall you started on (12:00) S,S,Q,Q,Q,Q

ROCK, ROCK, ROCK, HEEL LIFT, CROSS IN FRONT, STEP SIDE, CROSS BEHIND, KICK

1-2-3 Rock step right to right side, rock left onto left foot, rock right to right side
4 Lift right heel up and set it back down

You can think of the count as "&4" if you wish, but the rocking action should cause your heels to lift slightly

5-6-7-8 Step left forward & across right, step right to right side, cross left behind right, kick right diagonally forward to the right (a slight "ronde" action)

CROSS, SIDE, ½ TURN, ½ TURN, 2 CAT WALKS FORWARD

1-2 Cross right behind left, step left to left side
3-4-5-6 Step right forward & turn ½ left, step left in place, step right forward & turn ½ left, step left in place
7-8 Step right forward & across left, step left forward & across right

This is the end of the "intro" the total amount of counts in the introduction to the song is 64. You will hold the first 24 counts and then start the "intro" section. The next part will start with the vocals.

Dance this section (A) only one time

SECTION B (THE MAIN BODY OF THE DANCE)

KICK BALL CHANGE, POINT SIDE, HOLD, SAILOR SHUFFLE W/ ¼ TURN RIGHT, STEP FORWARD, KICK

1&2 Right kick forward, rock back with ball of right foot, step left in place
3-4 Point right toe to right side, hold
5&6 Cross right behind left, step left in place turning ¼ right, step right in place

This is like a regular sailor shuffle without the emphasis on the side step. You are staying basically in place while dancing the pattern and turning ¼ to the right

7-8 Step left forward, kick right forward (3:00)

JAZZ BOX TURNING ¼ RIGHT, TOUCH, LEFT SHUFFLE SIDE TURNING ¼ LEFT, ½ TURN LEFT

1-2-3-4 Cross right over left starting to turn right, step left back completing ¼ right, step right to right side, touch left next to right

- 5&6 Left shuffle to left side with a ¼ turn left
 7-8 Step right forward turning ½ left, step left in place (9:00)

MONTEREY TURN (½ RIGHT), SHUFFLE STEP, ROCK, STEP, SHUFFLE STEP, ROCK STEP, ROLLING 1 AND ¼ TURN RIGHT

- 1-2-3-4 Touch right toe to right side, turn ½ right as you step right next to left, touch left toe to left side, step left next to right (3:00)
 5&6-7-8 Right shuffle to right side, rock left back, step right in place
 1&2-3-4 Left shuffle to left side, rock right back, step left in place
 5-6-7-8 Step right forward, left back, right forward, left up next to right turning a total of 1 and ¼ to the right

This is a rolling 360, a.k.a. rolling vine, rolling turn, traveling pivot, etc.

Hint: Turn ¼ right as you first step right forward and then travel forward with the turns (6:00)

Dance this section (B) 3 times as written. The 4th time dance only up to and including the Monterey turn. You will leave off the shuffle steps and rolling turn.

SECTION C ("THE BRIDGE")

SYNCOATED WEAVE RIGHT

- &5&6 Right to right side, cross left behind right, right to right side
 &7&8 Cross left over right, step right to right side, cross left behind right, step right to right side, cross left over right

KICK & KICK & KICK BALL CHANGE

- 1&2&3&4 Kick right forward, step right next to left, kick left forward, step left next to right, kick right forward, rock right back with ball of foot, step left in place

BIG SIDE STEP RIGHT, HOLD, ¾ WALK AROUND TURN

- 5-6-7-8 Step right to right side - large step, hold, step left forward & across right & turn ¾ right, step right in place
 1-8 Repeat the section above (kick & kick & kick ball change, etc) counts 1-8 using the left foot to start and turning left at the end
 1-4 Repeat counts 1-4 above (kick & kick, etc) starting with the right foot
 5-6-7-8 Step right forward & turn ½ left, step left in place, step right forward & turn ¼ left and step left in place

If everything has been correct up to this point, you should now be facing the original 12:00 starting wall

KICK STEP CROSS STEP X 4

- 1&2& Kick right forward, step right back, cross left over right, step right back
 3&4& Kick left forward, step left back, cross right over left, step left back
 5&6& Repeat 1&2&
 7&8 Repeat 3&4&

This entire section travels backward. Angle body right then left to make the cross more comfortable

LEFT & RIGHT VADEVILLES

- &1&2 Step left diagonally back, touch right heel diagonally to right, step right in place, cross step left over right
 &3&4 Step right diagonally back, touch left heel diagonally to left, step left in place, cross right over left
 &5&6 Repeat &1&2 (left vaudeville)
 &7&8 Repeat &3&4 except end with feet together instead of crossing the right over left

Your weight should be on the right foot. Your left foot should be free

FORWARD SHUFFLE, ½ TURN, ½ TURNING SHUFFLE, COASTER STEP

- 1&2 Left shuffle forward
- 3-4 Step right forward & turn ½ left, step left in place
- 5&6 Right shuffle forward turning ½ left
- 7&8 Step left back, step right next to left, step left forward - coaster step

KICK & TOUCH COMBINATION

- 1&2& Kick right forward, step right back, touch left across & in front of right, step left forward
- 3&4& Touch right up behind left, step right back, kick left forward, step left back
- 5&6& Kick right forward, step forward onto right, touch left up behind right, step left back
- 7&8 Kick right forward, step right back, touch left next to right

The call for this is: kick and touch and touch and kick, and kick and touch and kick and touch

- 1-8 Repeat forward shuffle, ½ turn, ½ turning shuffle, coaster step
- 1-8 Repeat kick & touch combination
- 1-8 Repeat forward shuffle, ½ turn, ½ turning shuffle, coaster step

6 CROSS SWIVELS TRAVELING FORWARD, ½ TURN LEFT

- 1-2-3-4 Step right forward and across left, step left forward and across right, step right forward and across left, step left forward and across right
- 5-6 Step right forward and across left, step left forward and across right
- 7-8 Step right forward & turn ½ left, step left in place

KICK, BALL, WALK X6, ½ LEFT, 2 CROSS SWIVELS

- 1&2 Kick right forward, step right next to left with ball of foot, step left forward
- 3&4 Repeat
- 5&6 Repeat
- 7&8 Repeat

- 1&2 Repeat
- 3&4 Repeat
- 5-6 Step right forward & turn ½ left, step left in place
- 7-8 Step right forward and across left, step left forward and across right

Repeat SECTION B (THE MAIN BODY OF THE DANCE) 2 times

THE END
