

# This Way, That Way

拍數: 64      牆數: 4      級數: Intermediate  
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音樂: Hot Stuff - Donna Summer



## STEP TURN, SHUFFLE BACK, WALKS BACK, COASTER STEP

1-2            Forward right, ½ turn right, stepping back left  
3&4            Shuffle back right left right  
5-6            Walk back left, right  
7&8            Back left, back right, forward left

## STEP TURN, SHUFFLE BACK, WALKS BACK, COASTER STEP

9-10           Forward right, ½ turn right, stepping back left  
11&12          Shuffle back right, left, right  
13-14          Walk back left, right  
15&16          Back left, back right, forward left

## CROSS OVERS AND HEEL DIG

&17-18          Cross right over left, hold  
&19-20          Cross right behind left, hold  
&21&22          Cross right over left, cross right behind left  
&23-24          Step diagonally back left, touch right heel forward, hold (option: arms can be swung around body in time to steps)

## CROSS OVERS & HEEL BOUNCE ½ TURN RIGHT

&25-26          Cross left over right, hold  
&27-28          Cross left behind right, hold  
&29              Cross left over right  
30-32          Lift and drop both heels 3 times completing ½ turn right (option: arms can be swung around body in time to steps and out on turn)

## SKATING STEPS & SHUFFLES

33-34          Skate diagonally right, skate diagonally left  
35&36          Shuffle diagonally right (right, left, right)  
37-38          Skate diagonally left, skate diagonally right  
39&40          Shuffle diagonally left (left, right, left)

## SWINGS BACK, SAILORS

41-42          Swing right behind left, swing left behind right  
43&44          Cross right behind left, step left beside right, step forward right  
45-46          Swing left behind right, swing right behind left  
47&48          Cross left behind right, turning ¼ left, step right beside left, step forward left

## WALKS, JUMPS OUT & IN

49-50          Walk forward right, left  
&51&52          Jump feet apart (right, left) jump feet together (right, left)  
53-54          Walk forward right, left  
&55&56          Jump feet apart (right, left), jump feet together (right, left) (option: swing arms out to side and in, on jump steps)

## MONTEREY TURN, WALKS & JUMPS OUT & IN

57-58          Touch right to right side, on ball of left make ½ turn right, stepping right beside left

59-60 Touch left to left side, step left beside right  
61-62 Walk forward right, left  
&63&64 Jump feet apart (right, left), jump feet together (right, left) (option: swing arms out to side and in, on jump steps)

**REPEAT**

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