This Way Please!

級數: Intermediate

編舞者: Joseph Yip (SG)

拍數: 32

音樂: Don't Leave Me This Way - Thelma Houston

牆數: 2



Start after approximately 20 seconds into music, this is when the beat sets in with her doing aaaah! Specially written for dancers from the Grassroots Club

14 RIGHT, PIVOT 12 RIGHT, CHASSE 14 RIGHT, SAILOR, SAILOR 14 LEFT

- 1-2-3 Step ¼ right on right, left forward, pivot ½ turn right
- 4&5 Step ¼ left to left, right next to left, left to left
- 6&7 Right behind left, left to left, step right in place
- 8&1 Step left behind right turning 1/8 left, right to right turning 1/8 left, step left forward

SWAY RIGHT, LEFT, SIDE, TOGETHER, BACK, ¼ LEFT CHASSE, ½ LEFT MILITARY TURN

- 2-3 Right to right swaying right, left to left swaying left
- 4&5 Right to right, left next to right, step right back
- 6&7 Left to left, right together left, left forward turning ¼ left
- 8&1 Right forward turning ¹/₂ left, left next to right, right forward

WALK LEFT, RIGHT, ROCK, STEP, BACK, WALK RIGHT, LEFT, MAMBO ½ RIGHT

- 2-3 Step left forward, right forward
- 4&5 Rock forward on left, right in place, left back
- 6-7 Step back on right, left back
- 8&1 Rock right on right, rock onto left turning ½ right, step right next to left

1/4 LEFT CHASSE, ROCK/TAP STEP, 1/4 RIGHT, CHASSE, STEP

- 2&3 Left to left, right together left, left forward turning ¼ left
- 4&5 Right foot rock forward, tap toe of left foot behind right foot with calves crossed, recover weight to left foot turning ¼ right
- 6&7-8 Right to right, left next to right, right to right, left forward (starting a pivot!)

REPEAT