

This Time

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Advanced
編舞者: Maleah Green (USA)
音樂: This Time - Sawyer Brown



STEP, TOUCH, HEEL SPIN, STEP, TOUCH, HEEL/TOE DROP, STOMP RIGHT-LEFT, "DAFFY" RIGHT

- 1-2 Step back on right foot, touch left heel forward
- 3& Step on left heel, spin $\frac{1}{2}$ to left on left heel
- 4-5 Step back on right foot, touch left heel forward
- 6& Step on left heel, lower left toe
- 7& Stomp right, stomp left
- 8& "daffy" to right (twist to right with weight on right heel and left toe, twist feet back to center)

"DAFFY" LEFT, HEEL-TOE-HEEL SPLITS MOVING RIGHT, STOMP/TOUCH, KICK/STEP, HIP BUMPS, TURNING VINE WITH TOUCH

- 1& "Daffy" to left (twist to left with weight on left heel and right toe, twist feet back to center)
- 2 Heel split with weight on toes
- & Toe split moving to right (weight on left toe and right heel)
- 3 Heel split moving to right (weight on right toe and left heel)
- & Straighten right foot in place raising left foot slightly
- 4& Stomp left foot, touch right foot next to left foot
- 5& Kick right foot crossed in front of left foot, turn $\frac{1}{4}$ to left on left foot and step down on right foot
- 6& Bump hips to right (twice)
- 7& Step left foot to left, step right foot behind left foot
- 8& Turn $\frac{1}{4}$ to left on right foot and step left foot forward, touch right foot next to left foot

HOP TO RIGHT (TWICE), RAISE HEELS/TOES, JUMP/CROSS/UNWIND $\frac{1}{2}$, REPEAT JUMP/CROSS/UNWIND (REVERSED)

- 1 Hop to right, landing with feet together
- 2 Hop to right, landing with feet together
- 3& Raise and lower both heels (feet together)
- 4& Raise and lower toes
- 5& Jump, landing with feet apart, jump landing with right foot crossed in front of left foot
- 6 Unwind $\frac{1}{2}$ turn to left
- 7& Jump landing with feet apart, jump landing with left foot crossed in front of right foot
- 8 Unwind $\frac{1}{2}$ turn to right

JUMP FORWARD TWICE, SIDE STEP, RAISE HEELS ALTERNATELY, KICK/SIDE STEP, RAISE HEELS ALTERNATELY, $\frac{1}{4}$ TURN WITH KICK, FULL TURNING VINE WITH TOUCH

- 1& With feet together, jump forward twice
- 2 Step left foot to left and raise right heel (feet about a shoulder width apart)
- &3 Raise left heel and lower right heel, lower left heel and raise right heel
- &4 Kick right foot diagonally forward to right, step right foot to right and raise left heel (feet about a shoulder width apart)
- &5 Raise right heel and lower left heel, lower right heel and raise left heel
- &6 Turn $\frac{1}{4}$ to left on right foot, kick left foot forward
- &7& Full 3-step turn (turning vine) to left stepping left-right-left
- 8 Touch right foot next to left foot

REPEAT

