

This Time

拍數: 32 牆數: 0 級數:
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音樂: This Time - Sawyer Brown



Position: Start by facing your partner

OUTSIDE PARTNER

1-2 Two double hand claps with your partner
3-4 Two claps yourself
5-6 Two hip pushes to the right
7-8 Two hip pushed to the left
9-12 At a 45 degrees angle with your right foot, toe, heel, toe, heel
13-14 Kick right foot at 45 degrees angle, stomp right foot in place
15-16 Two double hand claps with your partner
17-20 Vine right, on 4th beat 1 double hand clap with partner
21-24 Vine left, on 4th beat 1 double hand clap with partner
25-26 Bob down and up
27-28 Pause
29-31 Gallop (right, left, right, left, right, left) to the right and onto your new partner
32 Clap

INSIDE PARTNER

1-2 Two double hand claps with your partner
3-4 Two claps yourself
5-6 Two hip pushes to the right
7-8 Two hip pushed to the left
9-12 At a 45 degrees angle with your right foot, toe, heel, toe, heel
13-14 Kick right foot at 45 degrees angle, stomp right foot in place
15-16 Two double hand claps with your partner
17-20 Vine left, on 4th beat 1 double hand clap with partner
21-24 Vine right, on 4th beat 1 double hand clap with partner
25-26 Pause for 2 beats
27-28 Bob down and bob up
29-31 Turn full turn over right shoulder
32 Clap

REPEAT
