

This Is Us Too (P)

COPPERKNOB
STEPPERS

拍數: 64 牆數: 0 級數: Partner
編舞者: Pat Cartwright (UK) & Ray Cartwright (UK)
音樂: This Is Us - Mark Knopfler & Emmylou Harris



Position: Right Side By Side Position, same footwork for both

BASIC 2-STEP FORWARD

1-4 Step right forward, hold, step left forward, hold
5-8 Step forward right, left, right, hold

STEP, TOUCH, STEP, HEEL, COASTER STEP, HOLD

9-12 Step left forward, touch right toe behind left heel, step right back, touch left heel forward
13-16 Step left back, step right together, step left forward, hold

SIDE, TOGETHER, SIDE, HITCH TWICE

17-20 Step right to side, step left together, step right to side, hitch left
21-24 Step left to side, step right together, step left to side, hitch right

SLOW ¾ TURN TO RIGHT, TOUCH

25-28 Turn ¼ right stepping right forward, hold, turn ¼ right stepping left to side, hold
29-32 Turn ¼ right stepping right forward, hold, touch left next to right, hold

Release right hands on count 27 with left hands held high, lady goes under left hands on count 29 into Reverse Indian Position on count 31 (man in front of lady, both hands joined at waist level)

SIDE, BEHIND, TURN, BRUSH, JAZZ BOX, HOLD

33-36 Step left to side, cross right behind left, turn ¼ to left stepping left forward, brush right next to left

37-40 Cross right over left, step back on left, step right to side, hold

Release right hands on count 34 taking up left side by side position

ROCK, RECOVER, TURN, HOLD, STEP, LOCK, STEP, HOLD

41-44 Rock forward on left, recover on right, turn ½ left stepping left forward., hold

45-48 Step forward on right, lock left up behind right, step forward on right, hold

Release right hands on count 41, resume Right Side By Side Position on count 43

SLOW ¾ TURN TO RIGHT, TOUCH

49-52 Turn ¼ right stepping left to side, hold, turn ¼ right stepping right forward, hold

53-56 Turn ¼ right stepping left to side, hold, touch right next to left, hold

Release right hands on count 51 with left hands held high, lady goes under left hands on count 53 into Reverse Indian Position on count 55

SIDE, BEHIND, TURN, HOLD, STEP, LOCK, STEP, HOLD

57-60 Step right to side, cross left behind right, turn ¼ right stepping right forward, hold

61-64 Step forward on left, lock right up behind left, step forward on left, hold

Release left hands on count 58 taking up Right Side By Side Position

REPEAT

Our thanks to Sidewinders Grace & Ken, Nigel & Barbara, Dave & Cath and Mel & Rose for their assistance in choreographing this dance