

# This Is Us Too (P)

拍數: 64      牆數: 0      級數: Partner  
編舞者: Pat Cartwright (UK) & Ray Cartwright (UK)  
音樂: This Is Us - Mark Knopfler & Emmylou Harris



**Position: Right Side By Side Position, same footwork for both**

## **BASIC 2-STEP FORWARD**

1-4              Step right forward, hold, step left forward, hold  
5-8              Step forward right, left, right, hold

## **STEP, TOUCH, STEP, HEEL, COASTER STEP, HOLD**

9-12             Step left forward, touch right toe behind left heel, step right back, touch left heel forward  
13-16            Step left back, step right together, step left forward, hold

## **SIDE, TOGETHER, SIDE, HITCH TWICE**

17-20            Step right to side, step left together, step right to side, hitch left  
21-24            Step left to side, step right together, step left to side, hitch right

## **SLOW ¾ TURN TO RIGHT, TOUCH**

25-28            Turn ¼ right stepping right forward, hold, turn ¼ right stepping left to side, hold  
29-32            Turn ¼ right stepping right forward, hold, touch left next to right, hold

**Release right hands on count 27 with left hands held high, lady goes under left hands on count 29 into Reverse Indian Position on count 31 (man in front of lady, both hands joined at waist level)**

## **SIDE, BEHIND, TURN, BRUSH, JAZZ BOX, HOLD**

33-36            Step left to side, cross right behind left, turn ¼ to left stepping left forward, brush right next to left  
37-40            Cross right over left, step back on left, step right to side, hold

**Release right hands on count 34 taking up left side by side position**

## **ROCK, RECOVER, TURN, HOLD, STEP, LOCK, STEP, HOLD**

41-44            Rock forward on left, recover on right, turn ½ left stepping left forward., hold  
45-48            Step forward on right, lock left up behind right, step forward on right, hold

**Release right hands on count 41, resume Right Side By Side Position on count 43**

## **SLOW ¾ TURN TO RIGHT, TOUCH**

49-52            Turn ¼ right stepping left to side, hold, turn ¼ right stepping right forward, hold  
53-56            Turn ¼ right stepping left to side, hold, touch right next to left, hold

**Release right hands on count 51 with left hands held high, lady goes under left hands on count 53 into Reverse Indian Position on count 55**

## **SIDE, BEHIND, TURN, HOLD, STEP, LOCK, STEP, HOLD**

57-60            Step right to side, cross left behind right, turn ¼ right stepping right forward, hold  
61-64            Step forward on left, lock right up behind left, step forward on left, hold

**Release left hands on count 58 taking up Right Side By Side Position**

## **REPEAT**

**Our thanks to Sidewinders Grace & Ken, Nigel & Barbara, Dave & Cath and Mel & Rose for their assistance in choreographing this dance**