

# This Is The Moment (Beginner)

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 1      級數: Beginner  
編舞者: Irene Groundwater (CAN)  
音樂: The Hawaiian Wedding Song - Jim Reeves



Choreographed for my special friends at Shannon Oaks

## **SIDE, TOGETHER, SIDE, TOUCH, DIAGONAL FORWARD, TOGETHER, DIAGONAL FORWARD, TOUCH**

1-2      Small side step right, step left beside right  
3-4      Small side step right, touch left ball beside right instep  
5-6      Left diagonal forward large step, step right beside left  
7-8      Left diagonal forward large step, touch right ball beside left instep

### **Option:**

1-4      Extend arms to the right  
5-8      Extend arms forward, left arm leading

## **BACK, BACK, BACK, TOUCH, BACK, BACK, BACK, TOUCH**

1-2      Right back (small step), left back (small step)  
3-4      Right back (small step), touch left ball beside right instep  
5-6      Left back (small step), right back (small step)  
7-8      Left back (small step), touch right ball beside left instep

### **Option:**

1-4      Extend arms in arc, forward then out to sides  
5-8      Extend arms in arc, forward then out to sides)

## **FORWARD, REPLACE, TOGETHER, HOLD, FORWARD, REPLACE, TOGETHER, HOLD**

1-2      Right forward, replace weight on left  
3-4      Step right beside left, hold  
5-6      Left forward, replace weight on right  
7-8      Step left beside right, hold

### **Option:**

1-4      Extend right arm forward, side, to body  
5-8      Extend left arm forward, side, to body

## **SIDE, REPLACE, TOGETHER, HOLD, SIDE REPLACE, TOGETHER, HOLD**

1-2      Side step right, replace weight on left  
3-4      Step right beside left, hold  
5-6      Side step left, replace weight on right  
7-8      Step left beside right, hold

### **Option:**

1-4      Extend right arm in arc, side, back to body  
5-8      Extend left arm in arc, side, back to body

**REPEAT**

---