

This Is The Moment (Beginner)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 1 級數: Beginner
編舞者: Irene Groundwater (CAN)
音樂: The Hawaiian Wedding Song - Jim Reeves



Choreographed for my special friends at Shannon Oaks

SIDE, TOGETHER, SIDE, TOUCH, DIAGONAL FORWARD, TOGETHER, DIAGONAL FORWARD, TOUCH

1-2 Small side step right, step left beside right
3-4 Small side step right, touch left ball beside right instep
5-6 Left diagonal forward large step, step right beside left
7-8 Left diagonal forward large step, touch right ball beside left instep

Option:

1-4 Extend arms to the right
5-8 Extend arms forward, left arm leading

BACK, BACK, BACK, TOUCH, BACK, BACK, BACK, TOUCH

1-2 Right back (small step), left back (small step)
3-4 Right back (small step), touch left ball beside right instep
5-6 Left back (small step), right back (small step)
7-8 Left back (small step), touch right ball beside left instep

Option:

1-4 Extend arms in arc, forward then out to sides
5-8 Extend arms in arc, forward then out to sides)

FORWARD, REPLACE, TOGETHER, HOLD, FORWARD, REPLACE, TOGETHER, HOLD

1-2 Right forward, replace weight on left
3-4 Step right beside left, hold
5-6 Left forward, replace weight on right
7-8 Step left beside right, hold

Option:

1-4 Extend right arm forward, side, to body
5-8 Extend left arm forward, side, to body

SIDE, REPLACE, TOGETHER, HOLD, SIDE REPLACE, TOGETHER, HOLD

1-2 Side step right, replace weight on left
3-4 Step right beside left, hold
5-6 Side step left, replace weight on right
7-8 Step left beside right, hold

Option:

1-4 Extend right arm in arc, side, back to body
5-8 Extend left arm in arc, side, back to body

REPEAT
