

# This Is Perfection

**COPPER**KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Emma Dalton  
音樂: Hips Don't Lie - Shakira



## LEFT RHUMBA BOX, LEFT SIDE CHASSE, TRIPLE FULL TURN RIGHT

1&2      Step left to left side, close right next to left, step forward left  
3&4      Step right to right side, close left next to right, step backwards right  
5&6      Step left to left side, close right next to left, step left to left side  
7&8      Triple step left, right, left in place while turn a full turn to right (12:00)

Option if you do not wish to turn the triple step in place

## LEFT RHUMBA BOX, LEFT LOCK STEP TRAVELING BACK, MAMBO BACK

9&10      Step left to left side, close right next to left, step forward left  
11&12      Step right to right side, close left next to right, step backwards right  
13&14      Step back left and lock right in front, step back left  
15&16      Step back on right and rock onto it, recover left, step right next to left

## WEAVE RIGHT, CROSS MAMBO ROCK, WEAVE LEFT, CROSS MAMBO ROCK

17&18&      Step left over right, right to right side, step left behind right, right to right side  
19&20      Cross rock onto left, recover on right, left next to right  
21&22&      Step right over left, left to left side, right behind left, left to left side  
23&24      Cross rock onto right, recover on left, step right next to left

## SIDE ROCK LEFT, STEP FORWARD, SIDE ROCK RIGHT, STEP FORWARD

25&26      Rock to left side, recover on right, step forward on left  
27&28      Rock to right side, recover on left, step forward on right

Styling: circle same arm as side rock arm above head like a hairbrush move

## PADDLE HALF TURN TO RIGHT BUMPING HIPS

29-30-31-32      Touch left foot to left side, bumps hips. Repeat four times while completing a half turn to the right

Styling: give it lots of hip movement like your belly dancing

**REPEAT**

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