

# This I Promise You

COPPERKNOB  
BY STEPSHEETS

拍數: 32      牆數: 2      級數: Improver  
編舞者: Sally Atkinson (UK)  
音樂: This I Promise You - \*NSYNC



1&2      Cross rock step right in front of left, recover onto left, step right to right side  
3&4      Step left rock behind right, recover onto right, step left next to right  
5&6      Step right rock behind left, recover onto left, step right next to left  
7&8      Cross rock step left in front of right, recover on to right, step left to left side

1      Rock forward onto right  
2      Recover onto left  
3&4      Triple ½ turn right stepping right, left, right  
5      Rock forward onto left  
6      Recover onto right  
7&8      Triple ½ turn left stepping left, right, left

1      Rock right to right side  
2      Recover onto left  
3&4      Step right behind left, step left to left side, step right in front of left  
5      Rock left to left side  
6      Recover onto right  
7&8      Step left behind right, step right to right side, step left in front of right

1&2      Step forward on right, step forward on left, step back on right  
3&4      Step back on left, step back on right, step forward on left  
5&6      Triple ½ turn stepping right, left, right  
7&8      Step back on left, step back on right, step forward on left

**REPEAT**

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