

This Bar (Patty's Song)

COPPER KNOB
STEPSHEETS

拍數: 58 牆數: 4 級數: Intermediate
編舞者: Anna Picerno (DE)
音樂: I Love This Bar - Toby Keith



ROCK FORWARD, ROCK BACK, SHUFFLE, ROCK FORWARD

1-2 Right foot rock forward, recover on left foot
3-4 Right foot rock back, recover on left foot
5&6 Right foot shuffle forward right, left, right
7-8 Left foot rock forward, recover on right foot

ROCK BACK, STEP 1 / 4 TURN, CROSS SHUFFLE, HEEL BALL CROSS

1-2 Left foot rock back, recover on right foot
3-4 Left foot step forward, ¼ turn to the left
5&6 Left foot shuffle side to the right stepping left, right, left crossing left foot over right foot
7&8 Right foot touch right heel forward, step right foot beside left foot, cross left foot over right foot

SIDE ROCK, ROCK FORWARD, COASTER STEP, STEP, 1 / 4 TURN

1-2 Right foot rock side to right, recover on left foot
3-4 Right foot rock forward, recover on left foot
5&6 Right foot coaster step back (right foot step back, left foot beside, right foot step forward)
7-8 Left foot step forward, ¼ turn to right

STEP, TOE TOUCH, STEP BACK, TOE TOUCH, SHUFFLE, ROCK FORWARD

1-2 Left foot step forward, right foot toe touch behind left foot (click fingers)
3-4 Right foot step back, left foot toe touch over left foot (click fingers)
5&6 Left foot shuffle forward left, right, left
7-8 Right foot rock forward, recover on left foot

SHUFFLE TURN 1 / 2, SIDE ROCK, CROSS SHUFFLE, SIDE ROCK

1&2 Right foot shuffle ½ turn to the right stepping right, left, right
3-4 Left foot rock side to the left, recover on right foot
5&6 Left foot shuffle to the right stepping left, right, left crossing left foot over right foot
7-8 Right foot rock side to the right, recover on left foot

CROSS SHUFFLE, SIDE ROCK, ROCK WITH HOOK, SHUFFLE FORWARD

1&2 Right foot shuffle to the left stepping right, left, right crossing right foot over left foot
3-4 Left foot rock side to the left, recover on right foot
5&6 Left foot rock forward, right foot hook behind left foot, rock back on right foot
7&8 Left foot shuffle forward left, right, left

KICK BALL STEP, ROCK FORWARD, ROCK BACK, HEEL & TOE FLIP 1 / 4 TURN LEFT

1&2 Right foot kick forward, recover on right foot beside left foot, left foot step forward
3-4 Right foot rock forward, recover on left foot
5-6 Right foot rock back, recover on left foot
7 Right foot step forward on heel on right foot (weight on right heel) and left foot heel up (weight on left toe)
8 Make ¼ to the left on right heel and left toe

HEEL - TOE FLIP ¼ TURN RIGHT-LEFT

1 Heel toe flip ¼ turn to the right on right heel and left toe

2

Heel toe flip $\frac{1}{4}$ turn to the left on right heel and left toe

REPEAT
