

This Bar

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Dollar Bill Jewkes (UK)
音樂: I Love This Bar - Toby Keith



½ MONTEREY TURN RIGHT, SIDE STEP, SIDE CHASSE RIGHT

1-2 Point right foot to right, pivot ½ turn right, replace weight on right
3-4 Point left foot to left, step left next to right
5-6 Step right foot to right, step left next to right
7&8 Step right foot to right, step left next to right, step right to right

ROCK STEP, SIDE CHASSE LEFT, ¼ TURN LEFT, STEP PIVOT ½ TURN LEFT, FULL TURN LEFT

1-2 Rock left foot across right, recover weight on right
3&4 Step left foot to left, step right next to left, make ¼ turn left, step forward on left
5-6 Step right foot forward, pivot ½ turn left
7&8 Full turn left stepping right, left, right

ROCK STEP, ¾ SHUFFLE TURN LEFT, SIDE ROCK, BEHIND SIDE CROSS

1-2 Rock forward on left foot, recover weight on right
3&4 ¾ shuffle turn left, stepping left, right, left
5-6 Rock right foot to right side, recovering weight on left
7&8 Cross right foot behind left, step left to left side, cross right over left

¼ TURN LEFT ROCK STEP, SHUFFLE ½ TURN; KICK & POINT LEFT TOE, SWITCHES

1-2 Make ¼ turn left leaning on to left, recover weight on right
3&4 ½ shuffle turn left, stepping left, right, left
5&6 Kick right foot forward, step down on right, point left to left
&7&8& Step left next to right, point right to right, step right next to left, point left to left, step left next to right

REPEAT

TAG

On the 9th repetition (facing back wall), the music slows right down. Do the toe switches slowly, then stand for 3 counts tapping right foot and resume dance at the beginning with a ½ Monterey turn as he sings the word 'bar'