

# This & That

COPPER KNOB  
STEPPERS

拍數: 32      牆數: 2      級數: Improver  
編舞者: Kathy Stearns (USA)  
音樂: A Man With 18 Wheels - Lee Ann Womack



## WALK, ¾ TURN, WALK, HIP PUSHES

1-4            Walk forward right, left, right, left  
&            Spin ¾ turn right keeping weight on left foot  
5-6            Walk forward right, left  
7&8           Step right to right side; push hips left; push hips right

## WEAVE, HEEL TAPS

9-10           Step left to left side; cross-step right behind left  
11-12          Step left to left side; cross-step right over left  
13            Step left to left side  
14-16          Tap right heel 3 times

## HUSTLE BASIC, TURN, HOLD

&17-18        Step on ball of right beside left; step left foot forward; turning ½ left, step back on right  
19-20        Step left back; hold  
&21-22        Step on ball of right beside left; step left foot forward; turning ½ left, step back on right  
23-24        Step left back; hold

## SIDE ROCK, ¼ TURN, STEP BACK, HOLD, TURNING TRIPLE STEP, PIVOT TURN, STEP BACK

&25-26        Rock-step right to right side; rock weight onto left foot to left side turning ¼ left, step right foot back  
27-28        Step left back; hold  
29&30        Spinning ½ turn right, triple step forward stepping right, left, right  
31-32        Step left forward; pivot ½ turn right onto right foot  
&            Rock weight onto ball of left foot

## REPEAT

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