This & That



拍數: 56 牆數: 0 級數:

編舞者: Louise, Kelly & Lisa

音樂: It's a Little Too Late - Mark Chesnutt



| 1-2 3-4 | Point right toe to side, cross right foot over left foot Point left toe to side, cross left foot over right foot |
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| 5 &6 &7 &8 | Point right toe to side Jump right foot back to left, touch left toe out to side Jump left foot back to right, touch right toe out to side Jump right foot back to left, touch left toe out to side |
| 9-10 | Cross left foot over right, unwind ½ turn clock wise |
| &11 &12 &13 &14 | Jump back on right, put left foot forward at 45 degrees Jump back on left, put right foot forward at 45 degrees Jump back on right, put left foot forward at 45 degrees Jump back on left, put right foot forward at 45 degrees |
| 15-18 | Bump right hip forward twice, left hip forward twice |
| 19-20 21-22 | Step forward on right, lock left behind right Step forward on right, scuff left through |
| 23-24 25-26 27-28 | Jump/rock forward onto left, jump/rock back onto right Jump/rock forward onto left, stomp right next to left Turn head ¼ turn to left, pause |
| 29-30 31-32 | Place left heel out at 45 degrees, cross right behind left Place left heel out at 45 degrees, cross right behind left |
| 33-34 35-36 37-38 39-40 | Swing left out & behind right and hold Step right to side and hold Step left across right and hold Stomp right beside left |
| 41-42 43-44 | Put right heel forward, swivel ¼ turn to the left pushing out right hip Put right heel forward, swivel ¼ turn to the left pushing out right hip |
| 45-46 47-48 | Turn ¼ turn to the left & tap right toe beside left twice Turn ½ turn to the right & stomp right and hold |
| 49-50 51-52 | Tap left toe twice beside right Turn ½ turn to the left & stomp left and hold |
| 53-54 55-56 | Scuff right through, hitch right up Stomp right down, pause |

