

32 Below

拍數: 32 牆數: 4 級數: Improver
編舞者: Mike Salerno (USA)
音樂: Cold Outside - Big House



RIGHT KICK-BALL-CROSS, UNWIND ½, POINT, FOUR HEEL JACKS, REPEAT

- 1& Kick right foot forward, step lightly on ball of right foot beside left heel
- 2 Cross/step left foot in front of right foot
- 3 Pivot a ½ turn right, transferring weight to left foot
- 4 Point right toe to right side
- 5& Tap right heel forward, step right foot beside left foot
- 6& Tap left heel forward, step left foot beside right foot
- 7& Tap right heel forward, step right foot beside left foot
- 8& Tap left heel forward, step left foot beside right foot
- 9-15 Repeat steps 1-7& above
- 16 Tap left heel forward

LEFT TOE, HEEL, TOE, HEEL, BALL-CHANGE, ½ PIVOT, STEP, ¼ PIVOT

Toe, Heel movement should make a backwards "C" or half moon shape

- 17 Point left toe backwards and slightly left swiveling on right foot (heel in)
- 18 Tap left heel forward with toe turned out swiveling on right foot (heel out)
- 19 Point left toe backwards and slightly left swiveling on right foot (heel in)
- 20 Tap left heel forward with toe turned out swiveling on right foot (heel out)
- & Step left foot beside right foot
- 21 Step right foot forward
- 22 Pivot a ½ turn left, transferring weight to left foot
- 23 Step right foot forward
- 24 Pivot a ¼ turn left, transferring weight to left foot

RIGHT TRIPLE STEP, LEFT TRIPLE STEP, RIGHT JAZZ BOX

- 25& Step right foot forward, step left foot beside right foot
- 26 Step right foot forward
- 27& Step left foot forward, step right foot beside left foot
- 28 Step left foot forward
- 29 Cross/step right foot in front of left foot
- 30 Step left foot backwards
- 31 Step right foot to right side
- 32 Step left foot beside right foot

REPEAT
