30 Something



拍數: 16 牆數: 2 級數: Beginner

編舞者: William Sevone (UK) & "Scorpio" Linda (UK) - October 1968

音樂: That Old Time Feeling - Roy Redmond



Dance starts with vocals.

Dance History: Choreographed for a dancing competition that took place in Manchester around October 1968. The dance performed at the 'Pop Inn' by the choreographers was placed second in the final, but didn't not have a title - now it has be it '30 Something' years later (2000).

Danced locally in Disco/clubs for maybe 3-4 years (it even made its way to Australia – as was seen in the early 1990's) it never achieved anywhere near the same exposure of what dances do today with global communication.

For the full history see: http://www.dorisvolz.com/williamsevone.htm

note: the wording within this dance sheet has been 'tidied up' whilst leaving the original steps in place – July 2016

4x Bop n' Kick-Together (12:00)

1 – 2	Bend both knee's slightly forward. Straighten up - kicking right foot diagonally right.
3 – 4	Step right next to left - bending both knees slightly forward. Straighten up - kicking left foot diagonally left.
5 – 6	Step left next to right- bending both knees slightly forward. Straighten up - kicking right foot diagonally right.
7 – 8	Step right next to left - bending both knees slightly forward. Straighten up - kicking left foot diagonally left.

Behind. Side. Cross. 1/4 Fwd. 1/4 Behind. Grapevine with Together (6:00)

9 – 10	Step left foot behind right. Step right to right side
11 – 12	Turn ¼ right (3) & step forward onto left. Turn ¼ right (6) & step right behind left.
13 – 14	Step left to left side. Cross right over left
15 – 16	Step left to left side. Step right next to left.

From the original dance script, but now as an optional extra On counts: 9 and 12 bend knees slight during that count/step.

Other suggested music:

Wine, Women and Song - Patty Loveless (122 bpm)
Powerful Thing - Trisha Yearwood (148 bpm)
I Wouldn't Lay My Guitar Down - Mike Henderson (150 bpm)

Last Update - 9th April 2019 - R2