

13mwz

拍數: 32 牆數: 4
編舞者: Sherry McClure (USA)
音樂: 13 Mwz - Deryl Dodd

級數: Intermediate wheelchair dance



Adapted for wheelchair users by Bill McKechnie. For further information on the Wheelabilly Rockers call Val Kennerley 01253 79 2233

ARM SWAYS & HAND SLAPS

- 1-2 Sway both hands to right, bring hands back to place
- 3&4 Slap back of left hand with right hand, open, slap again
- 5-6 Sway both hands to left, bring hands back to place
- 7&8 Slap back of left hand with left hand, open, slap again

HAND POINTS, FLICK SLAP SLAP, START ½ TURN RIGHT

- 9& Point right hand to right side, bring right hand back to place
- 10& Point left hand to left side, bring left hand back to place
- 11& Point right hand forward, bring right hand back to place
- 12 Point left hand back
- 13 Flick left hand forward
- &14 Slap left hand on left leg, slap right hand on right leg
- 15-16 Start making ½ turn right

COMPLETE ½ TURN, HAND SWINGS, ROLL FORWARD

- 17-18 Complete ½ turn right
- 19 Place right hand in left hand and swing hands forward & up
- 20 Swing hands back to place
- 21-22 Repeat moves 19-20
- 23-24 Roll forward

ROLL FORWARD, ¾ TURN RIGHT

- 25-26 Roll forward
- 27-32 Turn ¾ turn right

REPEAT
