

Third Rock Ramble

拍數: 56 牆數: 2 級數:
編舞者: Michael Seurer (USA)
音樂: Third Rock from the Sun - Joe Diffie



RIGHT FAN, RAMBLE RIGHT

- 1 Fan right toes to the right
- 2 Fan right toes center
- 3-4 Repeat counts 1-2
- 5 Swivel both heels to the right
- 6 Swivel both toes center
- 7-8 Repeat counts 5-6

LEFT FAN, RAMBLE LEFT

- 9 Fan left toes to the left
- 10 Fan left toes center
- 11-12 Repeat counts 9-10
- 13 Swivel both heels to the left
- 14 Swivel both toes center
- 15-16 Repeat counts 13-14

FORWARD STEPS, ¼ TURN TO THE RIGHT, VINE LEFT ¾ TURN TO THE LEFT

- 17 Step forward on right foot
- 18 Step forward on left foot
- 19 Step forward on right foot making a ¼ turn to the right
- 20 Hitch left knee up
- 21 Step to the left on left foot
- 22 Cross right foot behind left and step
- 23 Step to the left on left foot making a ¾ turn to the left
- 24 Touch right foot next to left

VINE RIGHT, LEFT HEEL TAPS

- 25 Step to the right on right foot
- 26 Cross left foot behind right and step
- 27 Step to the right on right foot
- 28 Touch left foot next to right
- 29 Tap left heel forward
- 30 Touch left foot next to right foot
- 31-32 Repeat counts 29-30

VINE LEFT, RIGHT HEEL TAPS

- 33 Step to the left on left foot
- 34 Cross right foot behind left and step
- 35 Step to the left on left foot
- 36 Touch right foot next to left
- 37 Tap right heel forward
- 38 Touch right foot next to left
- 39-40 Repeat counts 37-38

STEP, SLIDE, STEP, BRUSH

- 41 Step forward on right foot

- 42 Slide left foot up to right and step
- 43 Step forward on right foot
- 44 Brush left foot next to right
- 45 Step forward on left foot
- 46 Slide right foot up to left and step
- 47 Step forward on left foot
- 48 Brush right foot next to left

BACK UP STEPS

- 49 Step back on right foot
- 50 Step back on left foot
- 51 Step back on right foot
- 52 Hitch left knee and clap hands
- 53 Step back on left foot
- 54 Step back on right foot
- 55 Step back on left foot
- 56 Stomp right foot next to left

REPEAT
